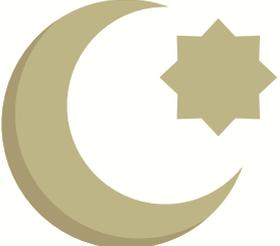




ALI 712: Inspiration from the 'Ibādat performed by the Ahlul Bayt عليهم السلام



*Weekdays in the first two weeks of
Ramadan 1447.*

Dates: Feb 19, 20, 23 to 27, and
March 2 to 4, 2026.

Session 8: Monday 2 March 2026



Ibādat of Imam al-Hasan عليه السلام

قَالَ الصَّادِقُ ع حَدَّثَنِي أَبِي عَنْ أَبِيهِ ع أَنَّ الْحَسَنَ بْنَ عَلِيٍّ بْنِ أَبِي طَالِبٍ ع
كَانَ أَعْبَدَ النَّاسِ فِي زَمَانِهِ وَأَزْهَدَهُمْ وَأَفْضَلَهُمْ
وَكَانَ إِذَا حَجَّ حَجَّ مَاشِياً وَرُبَّمَا مَشَى حَافِياً
وَكَانَ إِذَا ذَكَرَ الْمَوْتَ بَكَى، وَإِذَا ذَكَرَ الْقَبْرَ بَكَى، وَإِذَا ذَكَرَ الْبُعْثَ وَالنُّشُورَ بَكَى
وَإِذَا ذَكَرَ الْمَمَرَ عَلَى الصِّرَاطِ بَكَى وَإِذَا ذَكَرَ الْعَرْضَ عَلَى اللَّهِ تَعَالَى ذِكْرُهُ شَهَقَ شَهَقَةً
يُغْشَى عَلَيْهِ مِنْهَا وَكَانَ إِذَا قَامَ فِي صَلَاتِهِ تَرْتَعِدُ فَرَائِصُهُ بَيْنَ يَدَيْ رَبِّهِ عَزَّ وَجَلَّ
وَكَانَ إِذَا ذَكَرَ الْجَنَّةَ وَالنَّارَ اضْطَرَبَ اضْطِرَابَ السَّلِيمِ وَيَسْأَلُ اللَّهُ الْجَنَّةَ وَيَعُودُ بِهِ مِنَ
النَّارِ وَكَانَ ع لَا يَقْرَأُ مِنْ كِتَابِ اللَّهِ عَزَّ وَجَلَّ - يَا أَيُّهَا الَّذِينَ آمَنُوا إِلَّا قَالَ لَبَّيْكَ
اللَّهُمَّ لَبَّيْكَ وَلَمْ يُرَ فِي شَيْءٍ مِنْ أَحْوَالِهِ إِلَّا ذَاكِرًا لِلَّهِ سُبْحَانَهُ.

Ibādat of al-Hasan عليه السلام (translation)

He was the most devoted of people in worship in his time, the most ascetic among them, and the most virtuous. When he performed pilgrimage, he would perform it walking, and sometimes he would walk barefoot. Whenever he mentioned death, he would weep; whenever he mentioned the grave, he would weep; and whenever he mentioned resurrection and the rising (on the Day of Judgment), he would weep. Whenever he mentioned passing over the *Ṣirāṭ* (the bridge), he would weep; and whenever he mentioned being presented before Allah, Exalted, he would cry out with such a sob that he would faint from it. When he stood in prayer, his limbs would tremble before his Lord, Mighty and Majestic. When he mentioned Paradise and Hell, he would tremble like one who has been stung, asking Allah for Paradise and seeking refuge in Him from the Fire. Whenever he recited from the Book of Allah, Mighty and Majestic, and came to "O you who believe," he would say, "Here I am, O Allah, responding (to You)." He was never seen in any of his states except that he was remembering Allah, Glorified be He. (*Image of the Holy Prophet's Household*, H265)

Points on Ibādat of al-Hasan عليه السلام

Bismillah. Some of the scholars have noted the Imam al-Hasan was relatively rich. Despite that, his worship was full of humility and fear for Almighty Allah. Baqir Sharif al-Qurashi in his well researched *The Life of Imam al-Hasa al-Mujtaba* writes: When Imam al-Hasan wanted to perform wudhu, his condition changed, and he had strong fear, to the extent that he turned pale and he shook all over with fear. He was asked about the reason for that, and he answered: "It is incumbent on one who stands before the Lord of the Throne to shake all over (with fear) and turn pale." When he had finished doing wudhu and wanted to enter the masjid, he said loudly: "*O Allah, Your guest is at Your gate! O Good-doer, the evil-doer has come to You! Therefore, overlook the bad that I have through the good that You have! O Generous!*" When he intended to perform his prayers, submission, reverence, and fear appeared on his face, to the extent that he shook all over. When he finished the Morning Prayer, he said noting except the remembrance of Allah until the sun rose. (<https://al-islam.org/life-imam-al-hasan-al-mujtaba-baqir-sharif-al-qurashi/chapter-8-ideals#his-worship-and-fear-allah>)