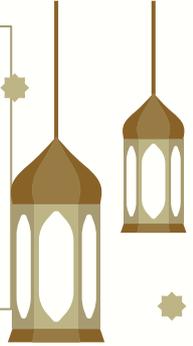


ALI 712: Inspiration from the 'Ibādat performed by the Ahlul Bayt عليهم السلام

*Weekdays in the first two weeks of
Ramadan 1447.*

Dates: Feb 19, 20, 23 to 27, and
March 2 to 4, 2026.

Session 7: Friday 26 Feb 2026



'Ibādat of Bibi Fātimah عَلَيْهَا السَّلَامُ

الْحَسَنُ الْبَصْرِيُّ مَا كَانَ فِي هَذِهِ الْأُمَّةِ أَعْبَدُ مِنْ فَاطِمَةَ كَانَتْ تَقُومُ حَتَّى تَوَرَّمَ قَدَمَاهَا

Bismillah. 1) Al-Hasan al-Basri: Fatimah would stand so long for worship till her feet got swollen (*Image of Holy Prophet's Household*, H. 253).

2) Imam al-Hasan عَلَيْهِ السَّلَامُ 'Some night, I saw my mother Fatimah in her mihrab bow and prostrate (offer prayers) until the light of morning appeared. I heard her praying to Allah for the believing men and the believing women and mentioning them by name. She prayed to Allah for them too much, but without praying for herself. I said to her, 'Why do you not pray to Allah for yourself mother?' She said, 'O my son, the neighbor (first) and then the house— الجار ثم الدار

3) In Islamic spirituality, Fatimah's worship is remembered as:

- Sincere and God-centered, - Compassionate and selfless
- Steadfast despite hardship, - Rooted in remembrance and humility

She is often described as a model of devotion for both men and women, embodying purity, patience, and constant awareness of God.

Ibādat of Sayyida Fatimah عليها السلام

Bismillah. The happiest times Fatimah عليها السلام had been the times when she communicated with her Lord in prayer. When she offered the prayer, her heart traveled high to the Divine Sphere, and her body shook out of the fear of her Lord. (Al-Qarashi, *The Life of Fatima Az-Zahra*, p. 63)

Her Du'ā for Monday: O Allah, I ask You for strength in worshipping You, insight in Your Book, and understanding in Your commands.

O Allah, have blessing on Muhammad and the progeny of Muhammad, and do not make the Qur'an barren with us,

the straight path crooked, and Muhammad ﷺ averting from us!" (*Ibid*, p. 59)

Rasulullah ﷺ: When she stands before her Lord in her mihrab, her light shines for the angels in the heavens just as the light of the stars shine for the people on earth. Allah, the Almighty, says to His angels: 'O My angels look at My servant Fatimah, the mistress of all My female servants, standing in front of Me, trembling out of fear of Me. She has come to me with complete sincerity, and I make you witnesses to My decree that her followers will be safe from the fire [of Hell] (*Fatimah from the Cradle to the Grave*)