



ALI 712: Inspiration from the 'Ibādat performed by the Ahlul Bayt عليهم السلام

*Weekdays in the first two
weeks of Ramadan 1447.*
Dates: Feb 19, 20, 23 to 27, and
March 2 to 4, 2026.

Session 3: Monday 23 Feb 2026

'Ibadat of Rasulallah ﷺ

عَنْ أَبِي جَعْفَرٍ ع قَالَ: كَانَ رَسُولُ اللَّهِ ص عِنْدَ عَائِشَةَ لَيْلَتَهَا فَقَالَتْ يَا رَسُولَ اللَّهِ لِمَ تُتْعِبُ نَفْسَكَ وَقَدْ غَفَرَ اللَّهُ لَكَ مَا تَقَدَّمَ مِنْ ذَنْبِكَ وَمَا تَأَخَّرَ فَقَالَ يَا عَائِشَةُ أَلَا أَكُونُ عَبْدًا شَكُورًا قَالَ وَكَانَ رَسُولُ اللَّهِ ص يَقُومُ عَلَى أَطْرَافِ أَصَابِعِ رِجْلَيْهِ فَأَنْزَلَ اللَّهُ سُبْحَانَهُ وَتَعَالَى - ﴿طه ما أَنْزَلْنَا عَلَيْكَ الْقُرْآنَ لِتَشْقَى﴾

The Messenger of Allah ﷺ was with 'Aishah on her night, and she said, "O Messenger of Allah, why do you burden yourself when Allah has forgiven you your past and future sins?" He replied, "O 'Aishah, should I not be a grateful servant?" He (the narrator) said: The Messenger of Allah ﷺ would stand on the tips of his toes (in prayer), so Allah, Glorious and Exalted, revealed: *Ta-Ha. We have not sent down the Qur'an to you that you be distressed.*' (Qur'an 20:1–2) (*The Image of the holy Prophet's Household in the Quran and Hadith*, H. 247.

Q for R: why would the Prophet stand on the tips of toes in prayer?

'Ibadat of Rasulullah ﷺ - points

Bismillah. Here a few points derived from the previous Hadith

1, this Hadith is found in both Shi'ah and Sunni sources with minor difference. With the Shi'ah, it is found in *al-Kafi*, v 2, p 95, H 6. with Sunnis it is found in *al-Bukhari*, v 4, p 1830, H 4557 and *Muslim*, v 1, p 282, H 117.

2, Abu Ja'far refers to Imam al-Baqir عليه السلام. Imam al-Jawad عليه السلام is known as Abu Ja'far, the second.

3, 'Aishah noticed that the Prophet ﷺ had abandoned the bed and was burdening and tiring himself to perform the 'ibadah

4, the meaning of *dhanb* (literally sin) means lapses and slips when used for the Ma'sumin عليهم السلام. With Prophet, it could also mean sins committed by his ummah.

5, it did not matter whether the Prophet was assured of being forgiven for his mistakes and slips, for he prayed to express his gratitude to Allah ﷻ for His abundant and continuous blessings and favors.

6, share this story with those who ask why do we have to pray continuously.

7, memorize the Prophet's response: **أَلَا أَكُونُ عَبْدًا شَكُورًا**