



ALI 697: Merits of Sahar and Suhūr in Ramadan

March 2025/ Ramadan 1446

Description: In this **online** course, we will *inshāAllah* discuss the *ādāb* of how to spend the time of *sahar* in Holy Ramadan. We will cover a few passages from the Du'ās of sahar and discuss Hadith on taking suhūr before dawn.

Schedule: March 3 – 7, 2025 at 6 am in NY, 11 am in UK, 2 pm in East Africa.
March 10 – 14, 2025, at 7 am in NY, 12 noon in UK, and 2 pm in East Africa.

Instructor : Sh Hasanayn Kassamali

House keeping items

- Thank you for registering for the course
- Let us pray that Allah ﷻ grants us success
- Please get involved in class discussion; this is not a *majlis*.
- Ask questions during Q & A time or in the next session.
- Please encourage family & friends to also register.
- Let us login about five minutes before the class begins
- Contact Hassan Syed at hassan18@gmail.com for any technical support or issues.

Five qualities of Mutaqqīn

الَّذِينَ يَقُولُونَ رَبَّنَا إِنَّنَا آمَنَّا فَاغْفِرْ لَنَا ذُنُوبَنَا وَقِنَا عَذَابَ النَّارِ ﴿١٦﴾ الصَّابِرِينَ وَالصَّادِقِينَ وَالْقَانِتِينَ وَالْمُنْفِقِينَ وَالْمُسْتَغْفِرِينَ بِالْأَسْحَارِ ﴿١٧﴾

Those who say, 'Our Lord! Indeed, we have faith. So, forgive us our sins, and save us from the punishment of the Fire.' (16) [They are] **patient and truthful, obedient and charitable, and they plead for [Allah's] forgiveness at dawns.** (17)

Asking for forgiveness before dawn: It makes it necessary for the servant to pray in the last hours of night in order that he may ask for forgiveness in that prayer. Traditions say that it refers to the nonobligatory prayer after midnight, and to the asking for forgiveness in *al-qunut*. God has pointed to it as a way that leads man to his Lord. (*Al-Mizan*, v 5, p 148)

Imam al-Sadiq said: "Whoever recites seventy times while he is in standing posture, in his prayer of *al-watr*, 'I seek forgiveness from God and return to Him; and continues to do so regularly for (at least) a year, God writes him among those who ask for forgiveness before dawn, and he is bound to get forgiveness from God, the High" (*Man Ia yahquru al-faqih; al-Khisal*)

Rational arguments prove that the pleasure a man gets from his existence is the greatest; other proofs show that the pleasure he feels from the existence of his Lord is even greater than that; and there are numerous traditions saying that the bliss a servant enjoys from being nearer to God is the greatest of all pleasures. (*Al-Mizan*, v 5, pp 156 -7)

From Ja'far b. Muhammad (al-Sadiq) that he said: "Whoever prays a part of the night, then asks for forgiveness at the end of the night, he will be written among those who ask for forgiveness:' (*Al-Mizan*, v 5, pp 157)

