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## Du‘ās at the time of Iftār

The following are the recommended Du‘ās at the time of Iftār. You can recite one or more at the time of breaking the fast.

يَا وَاسِعَ الْمَغْفِرَةِ اغْفِرْ لِي

O One who is vast in forgiveness, forgive me.

اللَّهُمَّ لَكَ صُمْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ

تَقَبَّلْ مِنِّي إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

O Allah, I fasted for You and I break my fast with Your sustenance. Accept it from me, *Surely You are the all-Hearing, the all-Knowing* (Q 2:127).

الْحَمْدُ لِلَّهِ الَّذِي أَعَانِي فَصُمْتُ وَرَزَقَنِي فَأَفْطَرْتُ

All Praise is for Allah who helped me so I fasted and provided me with sustenance, so I break my fast.

### 5) Break the fast with dates and lukewarm water

When one of you fasts, let him break his fast with dates.

**The Holy Prophet** ﷺ (Shabrullāh, H. 405)

When a person breaks the fast with lukewarm water, his liver is cleansed, the sins are washed from the heart, and the eyesight and eye pupil are strengthened. (Shabrullāh, H. 412)

## Du‘ā No. 2

### For the nights of Ramadan and for all occasions

One of the etiquettes of Du‘ā is to ask for others and to remember those who are in need. It is a selfless act that displays humanity and consideration for others. Allah loves a person who first asks for others, then

prays for himself. Imam Ja‘far al-Sādiq عليه السلام says:  
*When a Muslim prays for his brother, (increase in) sustenance is given to him, afflictions are driven away, and the angels tell him “You will also receive the same”.*

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ  
اللَّهُمَّ أَدْخِلْ عَلَى أَهْلِ الْقُبُورِ السُّرُورِ  
اللَّهُمَّ أَغْنِ كُلَّ فَقِيرٍ ، اللَّهُمَّ اشْبِعْ كُلَّ جَائِعٍ  
اللَّهُمَّ اكْسُ كُلَّ غُرْبَانٍ ، اللَّهُمَّ اقْضِ دَيْنَ كُلِّ مَدِينٍ  
اللَّهُمَّ فَرِّجْ عَن كُلِّ مَكْرُوبٍ ، اللَّهُمَّ رُدِّ كُلَّ غَرِيبٍ  
اللَّهُمَّ فُكِّ كُلَّ أَسِيرٍ  
اللَّهُمَّ أَصْلِحْ كُلَّ فَاسِدٍ مِنْ أُمُورِ الْمُسْلِمِينَ  
اللَّهُمَّ اشْفِ كُلَّ مَرِيضٍ ، اللَّهُمَّ سُدِّ فَقْرَنَا بِغِنَاكَ  
اللَّهُمَّ غَيِّرْ سُوءَ حَالِنَا بِحُسْنِ حَالِكَ  
اللَّهُمَّ اقْضِ عَنَّا الدَّيْنَ وَأَغْنِنَا مِنَ الْفَقْرِ  
إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

## Du'a No. 2

Many people all over the world suffer indescribable miseries. Tyranny and oppression are rampant in many countries. There is little we can do to alleviate the sufferings. However we can at least pray sincerely for them, hoping that Allah will relieve them as He has power over all things. We also pray that Allah may give us the will and the ability to help others in whatever way we can.

*In the name of Allah the Beneficent the Merciful.*

O Allah bless Muhammad and the family of Muhammad.

O Allah, gladden the people of the graves

O Allah, enrich every poor person

O Allah, satisfy every hungry one

O Allah, clothe every unclothed one

O Allah, help every debtor pay his debts

O Allah, relieve every distressed one

O Allah, return every traveller (to his home)

O Allah release every prisoner

O Allah, correct every wrong in the affairs of the Muslims

O Allah, cure every sick one

O Allah, ease our poverty by Your wealth

O Allah, change our evil state to a good one through Your excellent state

O Allah, relieve us of our debts

and help us against poverty

*Surely You have power over all things (Q 3:26).*

Then go into sajdah and say:

يَا اللَّهُ، يَا اللَّهُ، يَا اللَّهُ، يَا اللَّهُ، يَا رَبُّ يَا رَبُّ يَا رَبُّ  
يَا مُنْزِلَ الْبَرَكَاتِ بِكَ تُنْزِلُ كُلَّ حَاجَةٍ  
أَسْأَلُكَ بِكُلِّ اسْمٍ فِي مَخْزُونِ الْغَيْبِ عِنْدَكَ  
وَالْأَسْمَاءِ الْمَشْهُورَاتِ عِنْدَكَ الْمَكْتُوبَةِ عَلَى  
سُرَادِقِ عَرْشِكَ، أَنْ تُصَلِّيَ عَلَيَّ مُحَمَّدٍ  
وَأَلِ مُحَمَّدٍ وَأَنْ تَقْبَلَ مِنِّي شَهْرَ رَمَضَانَ  
وَتَكْتُبَنِي مِنَ الْوَافِدِينَ إِلَى بَيْتِكَ الْحَرَامِ  
وَتَصْفَحَ لِي عَنِ الذُّنُوبِ الْعِظَامِ  
وَتَسْتَخْرِجَ لِي يَا رَبُّ كُنُوزَكَ يَا رَحْمَنُ.

O Allah, O Allah, O Allah; O Lord, O Lord, O Lord  
O Sender of blessings  
all wishes are sent to You  
I ask You by every name  
in the unseen treasures with You  
and the famous names with You  
written on the canopy of Your throne  
Bless Muhammad and his family  
and accept from me the month of Ramadan  
and write me from those who  
are visitors to Your sacred House  
and clear me of the mighty sins  
and reveal for me, O Lord  
Your treasures  
O Beneficent

## The First of Shawwāl: Day of ‘Eid al-Fitr

It is recommended to perform the following:

- 1). Recite **Takbīrāt** (see p. 236 above) after Fajr and Eid prayers.
- 2). Offer *ḡakāt al-fitrāh* for yourself and on behalf of all family members under your support. For each member, give three kilograms of staple food or its equivalent in money to needy mu’minin. (Refer to *Islamic Laws* for details)
- 3). Say *Bismillah* and perform Ghushl (major ablution) between break of the dawn to the time of Eid prayers.
- 4). Recite this Du‘ā when performing ghushl or just before it:

اللَّهُمَّ إِيْمَانًا بِكَ وَ تَصَدِيقًا بِكِتَابِكَ وَ اتِّبَاعَ  
سُنَّةِ نَبِيِّكَ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَ آلِهِ

*O Allah [I do ablution by] confirming my faith in You, believing in Your Book and following the practice of Your Prophet – Muhammad, may Allah bless him and his family.*

- 5). Eat something before the Eid prayer, preferably dates or something sweet.
- 6). Put on good clothes and perfume and offer the Eid prayer in an open place.
- 7) Recite the Ziyārat of Imam al-Husayn (a) for the Day of Eid
- 8) Recite Du‘ā No. 46 from *Sahifa Sajjadiyyah*, after the Eid prayer.
- 9) Recite Du‘ā al-Nudbah. It is one of the major Shīrī supplications about Imam Al-Mahdī عَلَيْهِ السَّلَامُ وَآلِهِ and his occultation. *Nudbah* means to cry and the Shīrāh read this supplication to ask for help during the occultation. It is recommended to recite this Du‘ā during Eid al-Fitr, Eid al-Adhā, Eid al-Ghadīr, and every Friday morning (Al-Qummī, *Mafātih*, v. 2, p.