

# ALI 608: Traveling the Spiritual Journey

*The universe is expression and You are its meaning*

*O You who are the magnet of the hearts*

فَفِرُّوا إِلَى اللَّهِ ۖ إِنِّي لَكُم مِّنْهُ نَذِيرٌ مُّبِينٌ

So flee toward Allah.

Indeed, I am from Him a manifest warner to you

**Sura Zariyat, no.51, verse 50**



Fleeing to Allah:

- 1) Cutting off from all else
- 2) Focusing on Allah
- 3) Seeking refuge in Him

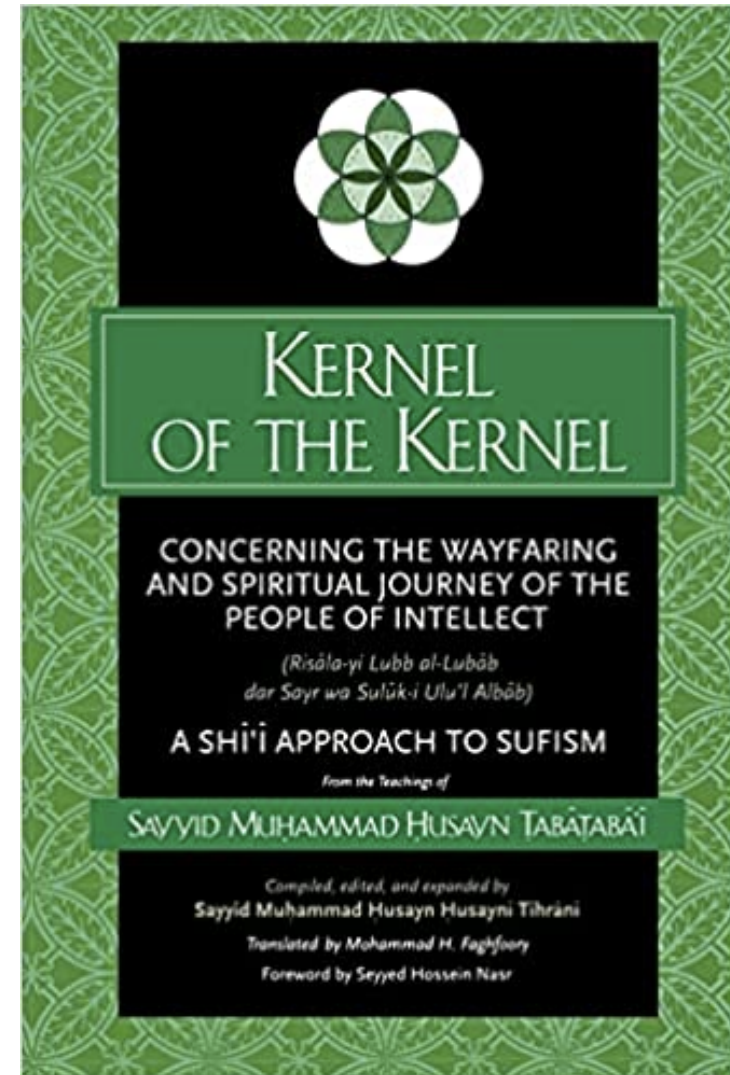
وَلَا تَجْعَلُوا مَعَ اللَّهِ إِلَهًا آخَرَ ۖ إِنِّي لَكُم مِّنْهُ نَذِيرٌ مُّبِينٌ

Do not set up another god besides Allah.  
Indeed I am from Him a manifest warner to you.

**Sura Zariyat, no.51, verse 51**

[All people] are in quest of the spiritual treasures hidden within the inner teachings of revelation that also lie deep within that primordial human nature which, although now hidden and difficult of access to most men, still constitutes the very center of our being.

**Seyyed Hossein Nasr**  
**Foreword, Lubb al-Lubab or**  
**Kernel of the Kernels**





Journey to Allah includes

- obedience with the body
- clearing the mind of distractions
- submission of the heart
- inmost consciousness
- inward witnessing

O God, illuminate my outward with [the light of ]  
obedience to You and my inner being with Your Love,  
my heart with knowledge of You, my spirit with Your  
vision, and my inmost consciousness (sirr) with the  
independence of attachment to Your Threshold, O Lord  
of Majesty and Munificence.

Dua of Imam Ali (a)

Kalamati Maknunah, Mulla Faydh Kashani

To deprive the heart and the inward of spiritual nourishment emanating from the Invisible World, and of Divine rays of Heavenly Beauty and Majesty, and to content oneself to cruise through books, libraries, schools, and courses of study or teaching even at the highest level amounts to satisfying the needs of only one faculty and leaving higher faculties unnurtured.

Introduction

Lubb al-Lubab or Kernel of the Kernels