

5) Du‘ā after ‘Ishā prayers on the First Night of Rajab

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
اللَّهُمَّ إِنِّي أَسْأَلُكَ بِأَنَّكَ مَلِكٌ
وَأَنَّكَ عَلَى كُلِّ شَيْءٍ مُّقْتَدِرٌ
وَأَنَّكَ مَا تَشَاءُ مِنْ أَمْرٍ يَكُونُ
اللَّهُمَّ إِنِّي أَتَوَجَّهُ إِلَيْكَ بِنَبِيِّكَ
مُحَمَّدٍ نَبِيِّ الرَّحْمَةِ
صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ
يَا مُحَمَّدُ يَا رَسُولَ اللَّهِ
إِنِّي أَتَوَجَّهُ بِكَ إِلَى اللَّهِ رَبِّكَ وَرَبِّي
لِيُنْجِحَ لِي بِكَ طَلْبَتِي
اللَّهُمَّ بِنَبِيِّكَ مُحَمَّدٍ وَالْأئِمَّةِ مِنْ أَهْلِ بَيْتِهِ
صَلَّى اللَّهُ عَلَيْهِ وَعَلَيْهِمْ أَنْجِحْ طَلْبَتِي . . .
(حَاجَات)

In the name of Allah, the Beneficent, the
Merciful

O Allah, I beseech You

for You are the King
and You have power over all things,
and whatever You wish will happen

O Allah, I turn to You,
through Your Prophet
Muhammad, the Prophet of mercy
Allah's blessing be on him and his family.

O Muhammad
O messenger of Allah
I turn to Allah through you
your Lord and my Lord
so that my wishes may be fulfilled
through you.

O Allah
for the sake of Muhammad
and the Divine leaders from his family
Allah's blessing be on him and his family
fulfill my wishes . . .
(ask for your wishes)

6) Recite Ziyārat of Imam al-Husayn عليه السلام
(see pages 15 to 22, below)

Hadīth on Fasting in Sha'bān

Sha'bān is my month; whosoever fasts a day from
my month, Paradise becomes obligatory for him.

The Holy Prophet ﷺ

One who fasts on the 1st day of Sha‘bān, Allah the Mighty and Sublime writes for him seventy good deeds, each deed equals to worship of one year.

The Holy Prophet ﷺ

One who fasts in Sha‘bān, he will have a purification against all sorts of lapses, disgrace, and mistakes.’ However, so as not to burden Muslims with fasting two consecutive months, Abu ‘Abdillāh has said, ‘Fasting for the (month of) Sha‘bān is excellent, but separate the two (months) by (not fasting for) a day or two. **Imam Muhammad al-Bāqir ﷺ**

Imam Ali al-Sajjad ﷺ upon entering Sha‘bān used to gather his companions and said, ‘O my companions! Do you realize which month is this? This is the month of Sha‘bān. The Prophet ﷺ used to say: Sha‘bān is my month, so fast in this month as sign of love for your Prophet and getting closer to your Lord. I say by the One in whose hand is my life that my father al-Husayn ﷺ said he heard Amirul Mu‘minin ﷺ saying: One who fasts (in) Sha‘bān out of love for the Messenger of Allah ﷺ and for getting closer to Allah, Allah loves and brings him near to His generosity on the Day of Resurrection and obligates him with Paradise.

Imam Ja‘far al-Sādiq ﷺ General A‘māl for Sha‘bān

1) Recite 70 times daily

أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ
الرَّحْمَانُ الرَّحِيمُ الْحَيُّ الْقَيُّومُ وَأَتُوبُ
إِلَيْهِ

*I seek forgiveness of Allah; there is no god but He
the Beneficent, the Merciful, the Ever-Living, the
Eternal
and I turn (repentant) to Him*

2) Say one thousand times during the month

لَا إِلَهَ إِلَّا اللَّهُ وَلَا نَعْبُدُ إِلَّا إِيَّاهُ
مُخْلِصِينَ لَهُ الدِّينَ وَ لَوْ كَرِهَ الْمُشْرِكُونَ

*There is no god but Allah; we do not worship any but
Him
putting our exclusive faith in Him
even if the disbelievers are averse.*

This recitation can be split into daily recitations
of 33 times for the first 20 days of the month and
34 times for the last ten days.