

**ALI 583
Spiritual
Guidance
from the Life
of Bibi Fatima
(a)**

Session Two

Read and Reflect. What image of the house of Fatima does this convey? Write your answers in the chat box.

These two windows which face each other, actually speak of two hearts which open onto each other: the heart of a father and the heart of a daughter. Each morning they open onto each other greetings. 'How are you?' and laughter. Each evening, a promise to meet his daughter the next day.

The family of the Prophet is this unique family, this unique home that is so emphasized in the Qur'an and the Traditions . . . Whosoever knows this family does not need reasoning and lengthy discussions, because even if there were no words expressed, intelligence itself will admit its uniqueness

From: Fatima is Fatima by Dr. Ali Shariati

The happiest times Fatimah (a) had were the times when she communicated with her Lord in prayer. When she offered the prayer, her heart traveled high to the Divine Sphere, and her body shook out of the fear of her Lord. After each prayer, Fatimah (a) devotedly supplicated to her Lord with some du'as.

<https://www.al-islam.org/life-fatimah-az-zahra-principal-all-women-study-and-analysis-baqir-sharif-al-qurashi/fatimahs>

What your communication with God reveals about you

- Your purity
- Connection with Him
- State of humility
- Priorities in life

Learning a new supplication

When asked by the Prophet (s) if she would like him to teach her a special supplication, Bibi Fatima (a) said;

يَا أَبَتِ لَهَذَا أَحَبُّ إِلَيَّ مِنَ الدُّنْيَا وَمَا فِيهَا

O my father, that is more beloved to me than the world and all that is in it.

Bihar al-Anwar, v.92, p.405

O my Lord, there is no one other than You that pleases my chest, satisfies my soul, delights my eye, makes my face beam with joy, my complexion shine, my heart feel safe, and all my body rejoice . . .

Make my soul among the successful souls . . and grant me in my grave in the earth, and the place of my shield where my flesh is entombed, and my bone is buried, and I am left alone . . . when I miss Your mercy and need my good deeds and meet what I have done for my afterlife and done in the days of my life, (grant me) a success from Your mercy, and a gleam from Your light, and a confirmation from Your honor with the firm word in this worldly life and in the hereafter,

Her Dua after Dhuhur prayer

Then bless my resurrection and reckoning when the ground is split to me and people abandon me, the cry befalls me, the gust frightens me, and You resurrect me after death and send me for reckoning. Send with me, O my Lord, a light from Your mercy moving before me and on my right hand to reassure me with it, make my heart steadfast (with it), show my excuse, honor my face, confirm my speech, declare my proof, take me to the firm handhold of Your mercy, and put me in the high rank of Your paradise, and grant me the companionship of Muhammad Your slave and messenger in the highest rank of the Paradise . . . with those upon whom You have bestowed favors from among the prophets, the truthful, the martyrs, and the righteous, and a goodly company are they.

Her Dua after Dhuhur prayer

You are the Lord Who is Generous of forgiveness; You can find another than me to punish him, but I cannot find another than You to forgive me. You can do without my punishment, but I cannot do without Your mercy. I beg You by my need of You and Your doing without me, and by Your power over me and my weakness before You to make this supplication of mine receive a response from You, and this standing of mine receive a mercy from You, and this request of mine be successful.

Her dua after Asr prayer

O Allah, I have entrusted my affairs to You, delivered my back to You, and handed over my self to You with all what I have committed against it out of fear and desire, and You are the Generous One that do not let down hope and do not disappoint supplication, so I ask You by the right of Your friend Abraham, and Your speaker (with) Moses, and Your soul Jesus, and Your choice and prophet Muhammad (peace be on him) not to keep Your Face away from me until You accept my repentance and forgive my errors, O the Most Merciful of the merciful!

Her dua after Asr prayer

Glory be to You, the Lord of glory and honor for whatever You do to the poor stranger when he comes to You resorting, calling for help, and for whatever You do to him who lodges in Your yard, looks forward to Your content, and resorts to You, and he kneels before You complaining to You of what is not unknown to You. O my Lord, let my chance in my supplication not be deprivation, and my share in what I hope from You not be disappointment!

Her dua after Maghrib prayer

Bibi Fatima's communication with Allah

- 1) Her Mihrab
- 2) Tasbeih of Khake shafa
- 3) Special Timings
- 4) Prayers for others

Her Mihrab

إِذَا قَامَتْ فِي مِحْرَابِهَا زَهَرَ نُورُهَا لِأَهْلِ السَّمَاءِ كَمَا يَزْهَرُ نُورُ الْكَوَاكِبِ
لِأَهْلِ الْأَرْضِ

When she [Bibi Fatima (a)] stood in her Mihrab her light shone for the people of the sky the way the stars shine for the people of the earth.

Imam al-Sadiq (a)

Bihar al-Anwar, v.43, p.13

Her Tasbih

Fatima the daughter of the Messenger of Allah used to have a Tasbih of blue wool that was knotted with the number required. She used that until Hamza bin Abdul Muttalib was killed. He was the chief of martyrs and she used earth from his grave to make a tasbih. People also did that. When Husayn (a) was martyred people switched to making tasbih from his grave due to its status.

Taken from hadith in Bihar al-Anwar, v. 82, p.333

Special timings

Fatimah (a) assigned the last hours of the day of Fridays for Allah the Almighty.

In the last ten days of Ramadan, Fatimah (a) spent all the night in worshipping and supplicating, and she encouraged all those in her house to spend the night in worshipping and supplicating. Her feet swelled because of her long standing before Allah the Almighty

Praying for others

1) To Imam al-Hasan (a)

الْجَارُ ثُمَّ الدَّارُ

The neighbour, then the home

Bihar al-Anwar, v.43, p.81

2) Before her death

إِلهِي وَسَيِّدِي! أَسْأَلُكَ بِالَّذِينَ اصْطَفَيْتَهُمْ وَبِبُكَاءِ وَلَدَيَّ فِي مُفَارِقَتِي أَنْ تَغْفِرَ لِعُصَاةِ شِيعَتِي وَشِيعَةِ ذُرِّيَّتِي

My God, I ask you for the sake of those whom You have chosen, and for the sake of the weeping of my children in my separation, that you forgive the sinners of my followers and the followers of my progeny.

Etiquette of Sleeping from Bibi Fatima (a)

1) Recite Sura al-Ikhlās three times.

2) Send Salawat on the Prophets.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِهِ وَعَلَى جَمِيعِ أَنْبِيَائِكَ وَرُسُلِكَ

O Allah bless Muhammad and his family and all Your Prophets and Your Messengers

3) Seek forgiveness for the believers

اللَّهُمَّ اغْفِرْ لِلْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ

O Allah, forgive the believing men and the believing women

4) Glorify Allah

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ

Glory be to Allah, all Praise is for Allah and there is no god but Allah and Allah is Great