

ALI 570

Spiritual
Guidance from
the Prophet (s)

Session Two

The Spiritual is that which pertains to inner meaning, as opposed to the outer literal form.

Spirituality is the quality of being inwardly meaningful or the quality of possessing a purport to which concern is directed.

Hajj Muhammad Legenhausen
Spirituality in Shi'i Islam

Inner Realm of
the human being

Inward aspect of thing
vs outward aspect

ظَاهِر - Outer
بَاطِن - Inner

The journey is of the self moving
inwards. The destination is the
Divine encounter.

Divine Guides lead us back to the
realm from which we came

Character and purity of soul are
built while traveling this path

The Earthly Journey

What can wake
you up while
journeying on
earth?

Hadith of the Prophet (s)

The people are asleep and will
wake up when they die.

Bihar al-Anwar, v.4, p.43

O' My Lord! You have wakened me up to
Your love from the slumber of negligence.

Munajat Sha'baniyyah

On strengthening one's spirituality,
First, he should constantly feel sorrowful for not having
reached the desired objective; that is, nearness to God
and Second, he should not give up remembering God and
thinking about God and spiritual matters as much as
possible . . .
these two resemble two wings that fly within the sky of gnosis.

Ayatullah Sayyid Qadi

Spiritual Journeying in the words of Shia mystics

It is obligatory for the one who treads the path of the hereafter to make every possible effort to protect his knowledge and practice from the commanding soul and Shaytan, to inspect and ponder on his actions and intentions carefully, to determine the departure point and destination of his spiritual journey, to prepare spiritual food for his soul, and not to disregard Satanic deceptions and traps...[For this purpose,] first, he should pay careful attention to himself, like a kind physician and a compassionate nurse, and should inspect the defects of his spiritual journey; second, he should not disregard seeking refuge in God in private through supplication and invocation.

Imam Khumayni

Spiritual Journeying in the words of Shia mystics

The adornment of
the interior is more
beautiful than the
adornment of the
exterior

Imam Ali (a)
Ghurar al-Hikam, p.393

Spiritual
Beauty

Faith beautifies the human soul

وَلَكِنَّ اللَّهَ حَبَّبَ إِلَيْكُمُ الْإِيمَانَ وَزَيَّنَهُ
فِي قُلُوبِكُمْ

But Allah has endeared faith to you and
made it appealing in your hearts

Sura Hujurat, no.49, verse 7

From the
Prophet (s)

Virtues that
beautify our
lives

الْعَفَافُ زِينَةُ الْبَلَاءِ وَ التَّوَاضِعُ زِينَةُ
الْحَسَبِ وَ الْفَصَاحَةُ زِينَةُ الْكَلَامِ وَ الْعَدْلُ
زِينَةُ الْإِيمَانِ وَ السَّكِينَةُ زِينَةُ الْعِبَادَةِ وَ
الْحِفْظُ زِينَةُ الرِّوَايَةِ . . .

Integrity is the adornment of afflictions,
humility is the adornment of noble descent,
eloquence is the adornment of speech, justice
is the adornment of faith, tranquility is the
adornment of worship, retention is the
adornment of narration

Bihar al-Anwar, v.71, p.134

Du'as of the Prophet (s)

اللَّهُمَّ حَسِّنْ خُلُقِي
كَمَا حَسَّنْتَ خَلْقِي

O Allah, beautify my nature
the way You have beautified my creation

الْحَمْدُ لِلَّهِ الَّذِي بِنِعْمَتِهِ تَتِمُّ الصَّالِحَاتُ
اللَّهُمَّ طَيِّبْ عُرْفَنَا وَزَكِّ رَوَائِحَنَا

All praise is for Allah through whose
blessings good deeds are completed. O Allah,
make our habits pleasant, and purify our
smell . . .

- 1) When looking into a mirror
- 2) When burning incense

Readings

https://www.academia.edu/10335912/Spirituality_in_Shii_Islam_An_Overview?email_work_card=view-paper

<https://www.al-islam.org/message-thaqalayn/vol-14-no-4-winter-2014/spiritual-journeying-words-shia-mystics-sayyidah-iram>