

MAINTAINING SPIRITUALITY AFTER HAJJ

**IMAM SADIQ (A): WRITE, FOR YOU WILL NOT MEMORIZE
UNLESS YOU WRITE**

(EVEN ON YOUR PHONES!)

The Holy Prophet (s) has been reported to have said:

أَنَّ لِرَبِّكُمْ فِي أَيَّامِ دَهْرِكُمْ نَفَّاتٍ أَلَّا فَتَعَرَّضُوا لَهَا

“Verily, your Lord has Divine breezes in the days of your life. Therefore, make good use of them!”

WHAT LESSONS DID I LEARN FROM HAJJ?

Reflect over these lessons, relate them to your life, otherwise these lessons won't have any real impact

- Ihram
 - Self-control
 - Abiding by the wajib and haram
- Tawaf
 - Revolving around Allah
- Sa'ee
 - Struggling to reach our goals
- Wuquf
 - Allah's mercy is vast, just repent and ask!
- Jamarat
 - Must equip ourselves to fight shaytan
 - Fighting shaytan repeatedly
- Dhibh
 - Must sacrifice what is dearest to reach Allah
- Halq/taqseer
 - Repentance requires removing traces of the past

PRACTICALLY LEARNING THE MEANING OF SERVITUDE

What it means to be a slave

- Change clothes
- Don't enter without permission
- Don't put perfume
- Don't take shade
- Don't beautify yourself
- Go around
- Walk
- Run
- Go out
- Stay there
- Shave
- Come

This body isn't yours, you don't decide what to do with it

I tell you what to do, where to go, where to stay.

HADITH OF IMAM SADIQ (A)

[...]“O Abu Abdallah (Imam Sadiq), what constitutes true servitude to Allah?” He replied,“Three things,

- 1) That in all that Allah has placed at his disposal, the servant does not consider any of it his own possession, for verily servants do not have the right to ownership. They see all wealth as belonging to Allah and so they dispose of it as Allah commands them to.
- 2) That the servant does not make plans for himself (ie: does not see himself as the executer of his plans), and
- 3) That the servant occupies himself solely with observing what Allah has commanded and refraining from that which He has forbidden.

So when the servant does not see any of the wealth at his disposal as his own, giving from it in the way of Allah becomes easy for him. And when the servant entrusts all his plans to the Master Planner, the tribulations of this world become insignificant in his eyes. And when the servant occupies himself with observing Allah's commands and refraining from what He has forbidden, he no longer has time for showing off and useless debates with people. [...]

YOU SNOOZE, YOU LOSE

Allamah Tabatabai:

“What keeps us away from knowing Allah isn't ignorance, it is heedlessness. And that is the effect of busying ourselves with the mundane affairs of this world.”

Reflection/pondering:

- Keeps us awake
- Brings about motivation
- The main cure for many bad traits

HOW TO MAINTAIN THE SPIRITUALITY AFTER HAJJ?

3 important things to work on

1. Connection with Allah
2. Wajib and Haram
3. Connection with Ahlul Bayt

CONNECTION WITH ALLAH – THE GOAL OF HAJJ

- Duas (We talk to Allah)
 - Daily duas
 - 15 whispered prayers
 - Sahifa sajjadiya
 - Dua Kumayl
 - ...
- Quran with understanding and tadabbur (Allah talks to us)

WAJIB AND HARAM – THE PRACTICAL OUTCOME OF HAJJ

- Ihram – a proof WE CAN CONTROL OURSELVES!
- Only way to grow spiritually is through working on wajib and haram
- Reflect on our own actions to find where we're going right and wrong
- Learn about the different wajib and harams

WILAYAH – THE COMPLETION OF HAJJ

- Being with Allah and being far from his awliya is impossible
- Following the footsteps of the Ahlul Bayt
- Connection through ziarat (from far or from near)
 - Daily ziarats
 - Ziarat jamia kabira
- Attending majalis
- Praying for the zuhur
 - Dua nudbah

HOW TO SUSTAIN THESE NEW CHANGES?

- Reflecting
 - On the value and importance of each of these aspects
 - On our purpose in life
 - Etc.
- Managing our time properly to fit in the minimum necessary amount

UMRAH MUFRIDAH

- Mustahab
 - Special ibadah
 - Reliving hajj
 - Niyabat – do it on behalf of people, get the thawab as well!
- Once in ihram, all a'maal are wajib
- Don't forget taqseer and tawaf nisa