

The Ahlul Bayt and Family Relationships – Part 1

Learning from the Holy Prophet (s)

Session Two

Verses for today's session – 9:128, 3:159 and 26:3

The Prophet loved people

لَقَدْ جَاءَكُمْ رَسُولٌ مِّنْ أَنْفُسِكُمْ عَزِيزٌ عَلَيْهِ مَا عَنِتُّمْ
حَرِيصٌ عَلَيْكُمْ بِالْمُؤْمِنِينَ رَءُوفٌ رَّحِيمٌ

There has certainly come to you a Messenger from among yourselves. Grievous to him is your distress.

He has deep concern for you, and is most kind and merciful to the faithful

Sura al-Tawba, 9:128

Gentleness of the Prophet

فَبِمَا رَحْمَةٍ مِّنَ اللَّهِ لِنْتَ لَهُمْ ۖ وَلَوْ كُنْتَ فَظًّا غَلِيظًا
الْقَلْبِ لَآنْفَضُوا مِنْ حَوْلِكَ

It is by Allah's mercy that you are gentle to them; had you been harsh and hardhearted, they would have surely scattered from around you.

Sura Aale Imran, 3:159

Concern of the Prophet (s)

لَعَلَّكَ بَاخِعٌ نَفْسَكَ أَلَّا يَكُونُوا مُؤْمِنِينَ

Perhaps you will destroy yourself with grief because they do not believe

Sura al-Shu'ara, 26:3

Importance of Love

- There is a natural need for love within the human being. When that need is fulfilled it brings about peace and satisfaction with life.
- Love in the family enhances health and self esteem. Upbringing with love allows inner potential to come to fruition.
- It is easy to say, "I love my family," but family love is about more than these simple words. Family love is a special type of love that comes with its unique feelings, behaviors, challenges, and rewards.

Loving behavior of the Prophet

- 1) Gentleness
- 2) Concern
- 3) Display of affection
- 4) Overlooking mistakes
- 5) Respect
- 6) Guidance
- 7) Staying away from negativity

Gentleness and Humility

وَإِخْفِضْ جَنَاحَكَ لِلْمُؤْمِنِينَ

And lower your wing for the believers

Sura l-Hijr, 15:88

وَإِخْفِضْ جَنَاحَكَ لِمَنِ اتَّبَعَكَ مِنَ الْمُؤْمِنِينَ

and lower your wing to the faithful who follow you.

Sura Shu'ara, 26:125

وَإِخْفِضْ لَهُمَا جَنَاحَ الذُّلِّ مِنَ الرَّحْمَةِ وَقُلْ رَبِّ ارْحَمْهُمَا
كَمَا رَبَّيَانِي صَغِيرًا

Lower the wing of humility to them, mercifully, and say, ‘My Lord! Have mercy on them, just as they reared me when I was [a] small [child]!’

Sura al-Israa, 17:24

قَوْلُ الرَّجُلِ لِلْمَرَأَةِ إِنِّي أُحِبُّكَ لَا يَذْهَبُ مِنْ قَلْبِهَا أَبَدًا

When a man tells his wife I love you it will always remain in her heart

al Kafi, v.5, p.569

إِنَّ الرَّجُلَ لَيُؤْجَرُ فِي رَفْعِ اللَّقْمَةِ إِلَى فَمِ امْرَأَتِهِ

A man is rewarded for placing a morsel of food in the mouth of his wife

Holy Prophet (s)

Al Mahajjatul Baydha, v.3, p.70

Kiss your children often, for every display of affection will raise your status in Heaven.

Holy Prophet (S)

The importance of family love for emotional well-being cannot be underestimated.

The quality of family love experienced by a person affects them all the way from infancy through adolescence into adulthood.

Scenario

You notice that your teenage daughter is quite withdrawn these days. She used to talk to you a lot but now she spends most of her time in her room and is often silent at the dinner table. When you ask her what's wrong she says everything is fine. How can you help her and yourself through this?

Links

<https://www.betterhelp.com/advice/love/family-love-what-it-is-what-it-looks-like-and-how-to-make-it-happen/>