



## Academy for Learning Islam

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**Term:** Winter 2019

**Course Number:** ALI 485

**Location:** Seniors Room, JCC

**Instructor:** Sr. Tahera Kassamali

**Instructor Email:** [alioutreach@gmail.com](mailto:alioutreach@gmail.com)

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**Course Title:** The Family: A Formation ground for personalities

**Duration:** Four weeks, Jan 22 – Feb 12, 2019

**Timings:** Tuesday mornings, 10.30 a.m. – 12.00 noon

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**Course Description** A driving factor behind formation of personalities is the family environment. This course will look at Islamic teachings on personality formation, the role of the family, examples from history and case studies from today's society

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### Course Objectives

- Understand what makes personalities distinct
  - Identify factors that impact personality development
  - Analyze the role of family in personality development
  - Examine role models in Islamic history and modern case studies
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### Course Topics:

Week 1 – Understanding personality

Week 2 – Influences on personality development

Week 3 – Stimulating personality development in the family

Week 4 – Frustrating personality development in the family

Each week students will look at one example from history and a modern case study.

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### Readings

We will discuss excerpts from the following article;

Healthy personality in our youth: An Islamic perspective

<https://www.al-islam.org/message-thaqalayn/vol-16-no-1-spring-2015/healthy-personality-our-youth-islamic-perspective-sayyid-o>

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