

Questions for Discussion

1. What are some of the most difficult aspects of the responsibilities of motherhood? Explain what makes these aspects difficult. Brainstorm some possible solutions.

2. If raising children is part of the fitrat [instinct] of a woman, why are many mothers stressed out with this job? What could be some obstacles that prevent a woman from enjoying her children, and feeling satisfied in the task of devoting herself to their upbringing?

3. The most valuable gift one can give a mother is some good advice... Prepare a list of 6-8 things you would like a mother-to-be to know and remember often.