Academy For Learning Islam (ALI) Motherhood in Islam

Instructor: Tahera Kassamali Dates: Sunday, April 07,2002th to Sunday May 26[,] 2002 <u>Timings</u>: 10.00 a.m. to 12.00 noon. <u>Telephone</u>: For administrative matters call the office at (604) 214-0786 . For course related matters call (604)273-4786 on Wednesday evenings between 8.00 to 10.00 pm.

The Course

The course will focus on the importance of the role of a mother in Islam. Lessons will be derived from religious and secular books on raising children. Classes will include group discussions.

Requirements

Regular attendance, active participation in the discussion groups, reading assigned sections from notes and suggested articles.

Course Outline

Session one: Holy Qur'an and Ahadith on Motherhood. Imam Khomeini's advice to mothers. Motherhood and Fitrat. Responsibilities of Motherhood. Rewards of fulfilling motherly duties.

Session Two: Story of the birth of Nabi Isa (a) from the Holy Qur'an. Genetics in Islam. Fortune and misfortune in the womb of the mother. Care during Pregnancy.

Session Three: Nabi Ibrahim (a) receives the glad tidings of a son. Islamic Rituals at the time of birth. Breastfeeding the child. Feeding the body and soul.

Session Four. Nabi Zakaria (a) receives the glad tidings of a son. Influence of a good mother. Qualities of a good mother.

Session Five: Story of the mother of Nabi Musa (a). The effects of love. Love of a mother. Expressing love for children. Mistakes parents make.

Session Six: Du'as for virtuous children from the Holy Qur'an. Anger in Islam. Anger and the family. Anger because of unreasonable expectations. Controlling anger. Ways of decreasing anger and conflict with children.

Session Seven: The son of Nabi Nuh (a). Anger in children. Expression of anger in children. Disciplining children.

Session Eight: Prayers of Nabi Ibrahim (a). Teaching children about Beliefs, Rituals and Akhlaq. Methods of religious training.