



Academy for Learning Islam

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Term	Course Type	Number	Location
Winter 2018	Onsite	ALI 435	Seniors Lounge JCC

Course Title: Spiritual Counsel in Nahjul Balagha

Duration: Four weeks, Feb. 6 – Feb. 27, 2018

Timings: Tuesday mornings, 10.30 a.m. – 12.00 noon

Course Description

Based on the book *Glimpses from Nahjul Balagha* by Āyatullāh Mutahhari, this course will look at the topics of Justice, Rulers and the people, Moral Teachings and Spiritual Counsel as discussed in Nahjul Balagha. Students will read from the text and discuss in class.

Course Objectives

- ❖ Recognize the value of Justice in Islam
- ❖ Understand the duties of the Ruler and the Rights of the people
- ❖ Learn about ways of inviting towards God through Maw'idhah (spiritual and moral advice)
- ❖ Discuss Zuhd and its application in life

Course Topics

Session 1 - Value of Justice in Islam

Defining Justice, comparison with other values, role of justice in society, effects of injustice.

Session 2 - Duties of the Ruler and Rights of the People

Fulfilling human needs, Rulers as trustees of the people, Letters of Imam Ali (a) to his governors.

Session 3 - Spiritual and Moral Advice

Difference between knowledge, wisdom and admonition, using admonition to affect people, types of spiritual and moral advice.

Session 4 - Zuhd and its application in life

Understanding Zuhd. Zuhd and freedom, spirituality, altruism. Minimum intake for maximum output.

