

إِسْتَعِينُوا بِالصَّبْرِ وَالصَّلَاةِ

Ista'inu bissabri was Salaah

Seek help through patience and prayer

Sura Baqarah, 2:153

Word by Word

إِسْتَعِينُوا

Seek help

بِالصَّبْرِ

through patience

وَالصَّلَاةِ

and prayer

Day 10 - Verse 10