

## **ALI 383 - The Prophet's Hadith to Abu Dhar**

### **Excerpts from the Hadith for Session Three**

O Abu Dharr! A slave of Allah does not live ascetically save that Allah stabilizes wisdom in his heart and his tongue overflows with it, and makes it aware of the defects, pains and quarrels of the world and leads him to the eternal Garden of bliss in a sound state

Oh Abu Dharr! When you see your brother abstaining from worldliness, listen to him for surely he is dictating wisdom. So I said, "Oh Messenger of Allah (s), who is the most abstemious (zahid) of mankind?" So he said, "One who:

- doesn't forget the graves and the deterioration (of the world),
- leaves the excess of the adornment of the world
- prefers what lasts over that which perishes
- he doesn't count tomorrow among his days
- and counts himself among the dead.

O Abu Dharr! Allah has not sent revelation to me [recommending] so that I may engage in the acquisition of wealth and has on the contrary inspired me to thank, praise and adore the Lord for His graces and to be one of the prostrating slaves and when your death draws nigh, worship Him.

O Abu Dharr! I wear coarse clothes and sit on the ground, wash my hands after food and whoever does not follow my way and conduct is not from me.

From: <https://www.al-islam.org/articles/advice-prophet-s-gave-abu-dharr>