

## **Excerpts from Hadith of Abu Dhar**

On Abu Dharr! This world is the prison of the believer and the paradise of the unbeliever. And no believer wakes up but is grieved in it. And how can he not be grieved in it when Allah has sworn that it will take him to Hell and He didn't promise him that it will deliver him from it, and that he shall meet (in it) sicknesses and hardships and matters which will anger him and he will be wronged in it and won't be helped. He seeks reward from Allah and continues to be in grief (in it) until he departs from it. And when he departs from it, he attains to comfort and honor.

Oh Abu Dharr! Allah (s), has not been worshipped with anything like that of length of grief.

Oh Abu Dharr! Whoever is given knowledge which doesn't cause him to cry simply because he has been given knowledge, it will not benefit him. Allah has described the learned and said, "Surely those who were given knowledge before it, when it is recited onto them they fall upon their faces in prostration and they say, "Glory be to our Lord. Surely the promise of Allah shall be done." They fall on their faces crying and they increase in humility.

Oh Abu Dharr! Whoever is able to cry, let him cry. Whoever isn't able to cry then let him have his heart feel sadness and let him try to cry. Surely the hard heart is far from Allah (s), but they don't realize.

Oh Abu Dharr! Allah (s) says, "I will not combine for my servant two fears nor two safeties. So when he feels safe from me in the world, I make him fear on the Day of Judgement. And when he fears me in the world, I give him safety on the Day of Judgement.

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