



Term	Course Type	Number	Location
Fall 2016	Onsite	ALI 367	Marhaba Hall JCC

Course Title: The Prophet's Hadith to Abu Dhar - Part 1

Duration: Three weeks, Sept.13-27, 2016

Timings: Tuesday mornings, 10.30 a.m. – 12.00 noon

Course Description

Based on the book *Provisions for the Journey* by Āyatullāh Misbāh Yazdī, this course will look at three main points in the Hadith; true worship of Allah, optimum use of Allah's blessings, and the alertness and vigilance of a believer

Course Objectives

- ❖ Gain insight into the correct perception of worship.
 - ❖ Understand how to appreciate and use God's blessings in our lives
 - ❖ Recognize ways of self discipline
 - ❖ Learn verses of Quran and Hadith about the above
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Course Topics

Perception of Worship
Worship as part of perfection, the heart and worship, stages of worship
Optimum use of Allah's blessings
Value of health, leisure, abilities, time . . . Living in the present
Self discipline of a believer
Countering negligence, stages of negligence, danger of extended hopes



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Readings for Discussion

Week 1 – Article #1: Understanding Worship

Week 2 – Article #2: Appreciating God’s Blessings

Week 3 – Article #3: Impact of Negligence

Readings from the Holy Quran

Week 1 - Sura Taha #20, verse 130

Week 2 - Sura Mu’minun, #23, verse 99-100

Week 3 - Sura Yunus, #10, verse 24

Group Discussions

In the last half an hour of class you will work in groups of three or four to discuss the Readings and Lesson.

- 1) Identify: What were some main points discussed?
- 2) Reflect: What are your thoughts about these points?
- 3) Connect: How do these connect with other things you know?
- 4) Apply: How can you practically use this in life?

Please present your paper to the instructor after each discussion.

Useful Resources

- 1) *Provisions for the Journey Volume 1*, Ayatollah Misbah Yazdi
The World Ahlul Bayt Assembly