

Etiquette of Visiting the Sick

1. Always keep faith in God and hope that God will cure the sick.
2. Ensure to use positive words and pleasant actions during visits.
3. Irresponsible or foolish comments by a visitor can hurt the sick more than his/her illness.
4. Make your visit to brief, provided you are asked to stay longer by the family.
5. Pray and supplicate for the sick sincerely.
6. Request the sick to pray for you for his/her supplication is accepted faster.
7. Take with you some fruits and perfume if you are visiting the sick. Check with hospitals whether fruits and perfume can be offered to the sick.
8. Reward of visiting a sick person is abundant, similar to participating in a funeral

Visiting the Sick

Supplications & Etiquette

And when I get sick, it is God who cures me
(Holy Quran 26: 80)

The wrongdoings of a sick person shed away from him like the shedding of leaves from a tree (Holy Prophet Muhammad)

Academy for Learning Islam
www.academyofislam.com

Jumādi I 1437/ March 2016

Imam Ali Sajjād's Supplication when he was Sick, or in Distress or when facing Affliction

In the name of God, the Beneficent, the Merciful.
O God, Bless Muhammad and his family.

O God, to You belongs praise, for the good health of
my body Which lets me move about;
And to You belongs praise, for the ailments which You
cause to arise in my flesh!

For I know not, my God, which of the two states
deserves more of my thanking You
And which of the two times is more worthy for my
praise of You:

The time of health, within which You make me delight
in the agreeable things of Your provision, through
which You give me the joy to seek the means to Your
good pleasure and bounty, and by which you strengthen
me for the acts of obedience which You have given me
success to accomplish;

Or the time of illness, through which You put me to the
test and bestowed upon me favours: lightening the
offenses that weigh down my back, purification of the
evil deeds into which I have plunged, incitement to
reach for repentance, reminder of the erasure of

misdeeds through ancient favour; and, through all that,
what the two writers write for me: blameless acts, which
no heart had thought, no tongue had uttered, and no
limb had undertaken, rather, as Your bestowal of
bounty upon me and the beneficence of Your
benefaction toward me.

O God, Bless Muhammad and his family,
Make me love what You have approved for me,
Make easy for me what You have sent down upon me,
Purify me of the defilement of what I have sent ahead,
Erase the evil ff what I have done beforehand,

Let me find the sweetness of well-being,
Let me taste the coolness of safety,
and appoint for me a way out from my illness to
Your pardon,
Transformation of my infirmity into Your forbearance,
Escape from my distress to Your refreshment, and
safety from this hardship in Your relief!

You are gratuitously bountiful in beneficence. Ever
gracious in kindness, the Generous, the Giver,
Possessor of Majesty and munificence!

For your comments and suggestions please contact
academyofislam@gmail.com