

Exegesis of the Noble Qur'an

Sūrah al-Naas (114)

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Sūrah an-Naas: **Outline of Discussion**

- General details about this chapter
- History of revelation
- Benefits of recitation
- The chapter at a glance
- Verse by verse exegesis of Sūrah an-Naas

Sūrah an-Naas: General Information

- **Sūrah al-Falaq** and **Sūrah an-Nas** are commonly referred to as “**al-Muawwidhatayn**” [الْمُعَوِّذَتَيْنِ] – or “The Chapters of Seeking Refuge” with Allāh – because they both start with “أَعُوْذُ”

Sūrah an-Naas: **General Details**

- Revealed in **Mecca**.
- Contains **six verses**.
- In this chapter, the Prophet ﷺ and as an extension, the Muslims, are advised to seek refuge with God from all forms of whisperings and insinuations of others around them.

Sūrah an-Naas: **History of Revelation**

1. Some believe that the Prophet fell ill due to sorcery practiced against him and that Angel Jibrael used these verses to “cure” him.
 1. Many of our scholars reject this belief as Prophets of Allāh need to be protected from such things – whether it be physical or mental ailments due to magic.

Sūrah an-Naas: **Benefits of Recitation**

Imam al-Baqir, peace be upon him, has said that *the one who recites Surah al-Falaq, an-Naas and al-Ikhlaas in their 'Witr' prayers (Salatul Layl) will be addressed and told: 'O servant of God! Be advised that God has accepted your witr prayers!'*

Thawab al-A'maal wa 'Iqaab al-A'maal, pg. 297

Sūrah an-Naas: **Benefits of Recitation**

Imam al-Baqir, peace be upon him, has said that *one should recite Surah al-Falaq, Surah al-Nas and Ayatul Kursi before going to bed to be protected from bad thoughts and nightmares, etc...*

Man La Yahdhural Faqih, vol. 1, pg. 469

Sūrah an-Naas: **Benefits of Recitation**

Anytime a body part of the Prophet would hurt, he would recite Surahs al-Tawheed, al-Falaq and an-Naas over his right palm and then rub the hand over the part of the body which hurt.

Mustadrak Safinat al-Bihar, vol. 7, pg. 469

Sūrah an-Naas [Humanity]

In the name of God, the Gracious, the Merciful.	بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
1. Say, "I seek refuge in the Lord of mankind.	قُلْ أَعُوذُ بِرَبِّ النَّاسِ
2. The King of mankind.	مَلِكِ النَّاسِ
3. The God of mankind.	إِلَهِ النَّاسِ
4. From the evil of the sneaky whisperer.	مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ
5. Who whispers into the hearts of people.	الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ
6. From among jinn and among people."	مِنْ الْجِنَّةِ وَالنَّاسِ

Sūrah an-Naas: Commentary of Verse 1

قُلْ أَعُوذُ بِرَبِّ النَّاسِ

1. Say, "I seek refuge in the Lord of mankind.

- Meaning of LORD (رَبِّ):

الرب يطلق في اللغة على المالك، و السيد، و المدبر و المربي، و القيّم، و المنعم

Rabb is a linguistic term used for the owner (*Maalik*), the master (*as-Sayyid*), the one who takes care of, sustains, nourishes (*al-Qayyoom*), and provides or takes care of everything (*ar-Razzaq*) (Lisan al-Arab by ibn Mandhoor (d. 711)).

Sūrah an-Naas: Commentary of Verse 1

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ {2}

[1:2] All praise is due to Allah, the Lord of the Worlds.

سَلَامٌ قَوْلًا مِنْ رَبِّ رَحِيمٍ {58}

[36:58] Peace: a word from a Merciful Lord.

Sūrah an-Naas: Commentary of Verse 1

قُلْ يَتَوَفَّاكُم مَّلَكُ الْمَوْتِ الَّذِي وُكِّلَ بِكُمْ ثُمَّ إِلَىٰ رَبِّكُمْ
تُرْجَعُونَ {11}

[32:11] Say: The angel of death who is given charge of you shall cause you to die, then to your Lord you shall be brought back.

Sūrah an-Naas: Commentary of Verse 2

مَلِكِ النَّاسِ

2. *The King of mankind.*

- This verse tells us to SUBMIT TO HIM.

Sūrah an-Naas: Commentary of Verse 3

إِلَهِ النَّاسِ

3. *The God of mankind.*

- Must realize that He is the only TRUE GOD that we must enter into full submission towards.

Sūrah an-Naas: Commentary of Verse 3

The natural and gradual progression in this chapter of Allah's supreme status.



Sūrah an-Naas: Commentary of Verse 4

مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ

4. *From the evil of the sneaky whisperer.*

- One definition seen for 'الوسواس' is 'OCD' – 'Obsessive/Compulsive Disorders'
 - <http://www.islamicinsights.com/features/health/waswaas-obsessions-and-compulsions.html>
- What does this “individual” do?

Sūrah an-Naas: Commentary of Verse 4

- The obsessions, the compulsions, the doubts and whispers! The constant anxiety and panic that accompanies obsessive compulsive disorder, also known in religious text as **Waswaas**, can take any person and reduce him to a mere object of ritualistic behavior. OCD can really cripple a person, and when the disorder affects your religious duties, it can make something that is supposed to ease the mind, like a daily prayer, un-enjoyable at best and impossible at worst.

Sūrah an-Naas: Commentary of Verse 4



Sūrah an-Naas: Commentary of Verse 5

الَّذِي يُؤَسْوِسُ فِي صُدُورِ النَّاسِ

5. *Who whispers into the hearts of people.*

- And who are these “individuals”?

Sūrah an-Naas: Commentary of Verse 6

مِنَ الْجِنَّةِ وَالنَّاسِ

6. From among jinn and among people."

Sūrah an-Naas: Commentary of Verse 6



Jinn



Corruption
of the World



Humanity



Sūrah an-Naas: Supplication to Rid One's Self of Waswaas

Dua in Arabic

تَوَكَّلْتُ عَلَى الْحَيِّ الَّذِي لَا يَمُوتُ،
وَ الْحَمْدُ لِلَّهِ الَّذِي لَمْ يَتَّخِذْ صَاحِبَةً
وَلَا وَلَدًا، وَ لَمْ يَكُنْ لَهُ شَرِيكٌ فِي
الْمُلْكِ، وَ لَمْ يَكُنْ لَهُ وَلِيٌّ مِنَ الذَّلَّ
وَ كِبَرُهُ تَكْبِيرًا

Man Laa Yahdhural Faqih, Volume 1, Page
338, Hadith 986

Dua in English

I have full trust in the Ever-Living
– the One who shall never
perish, and all praise belongs
to Allah the One who has not
taken for Himself a partner nor
a child, nor does He have any
partner in His dominion and nor
does He need anyone to
safeguard Him from humiliation
and thus [we] magnify Him
with a through magnification.

Sūrah an-Naas: Supplication to Rid One's Self of Waswaas

لَا إِلَهَ إِلَّا اللَّهُ

“There is no entity worthy
of worship except for Allah.”

