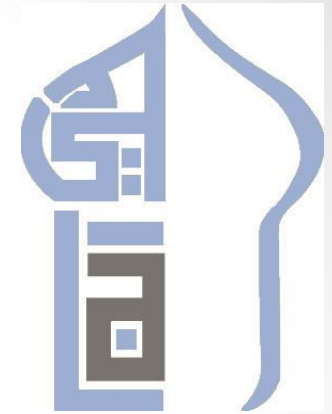


بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

لَا تُقْبَلُ إِلَّا مِنْ عِبَادِهِ الْمُتَّقِينَ



ALI 265: Enhancing the Daily Prayers SESSION 1:

May 14, 2014 / Rajab 14, 1435

IMPORTANT: The session today will commence at 9:15 p.m. inshāAllāh to give the participants in Toronto to complete their Maghribayn prayers which begins at 8:50 p.m.

ALI 265: Course objective

Most Muslims say their salāt but many find it challenging to achieve the spirituality and presence of heart which makes the salāt an act of soaring to the Lord. This course will look briefly at *fiqhī* (jurisprudential) and comprehensively at *‘irfāni* (spiritual) aspects of salāt with the aim of offering prayers to get us closer to the Creator. The course will also provide guidance on the basic rules of preparing and saying prayers correctly.

Dates: 4 Wednesdays, May 14 - June 4, 2014

Timings: 9.15 p.m. to 10.15 p.m. EDT (Toronto/NY time)

Your Instructor: Hasanayn Kassamali

Salāt in Holy Qur'an & Hadith

أَتْلُ مَا أُوحِيَ إِلَيْكَ مِنَ الْكِتَابِ وَأَقِمِ الصَّلَاةَ ۖ إِنَّ الصَّلَاةَ تَنْهَىٰ عَنِ الْفَحْشَاءِ
وَالْمُنْكَرِ ۖ وَلَذِكْرُ اللَّهِ أَكْبَرُ ۗ وَاللَّهُ يَعْلَمُ مَا تَصْنَعُونَ

Q 29:45 Recite that which has been revealed to you of the Book and keep up prayer; surely prayer keeps (one) away from indecency and evil, and certainly the remembrance of Allah is the greatest, and Allah knows what you do

- لَوْ يَعْلَمُ الْمُصَلِّي مَا يَغْشَاهُ مِنْ جَلَالِ اللَّهِ، مَا سَرَّهُ أَنْ يَرْفَعَ رَأْسَهُ مِنْ سُجُودِهِ.
- Amīrul Mu'minān (a): Had the one who prays known how the majesty of Allah encompasses him, he would never have liked to raise his head from prostration.” (*Khisal*, 2:632)
- The Prophet of Islam (s) has said that, “He who does not give importance to his Salāt and considers it something light (trivial), is worthy of the punishment of the next life.”

What is achieved in Salāt?

Scholars say that we can meet Allah and get close to Him through: i) Salāt, ii) Death and iii) at the time of Resurrection. So in this world it is only saying salāt correctly and with total devotion that one can closer to Allah's mercy and essence.

Āyatullāh Mirza Mahdi Isfahani in his work *Salāt: The Mode of Divine Proximity and Recognition* says: *Salāt* which has been made obligatory on His servants by Allah the Almighty and has not allowed to be forsaken even in the worst of circumstances, is the moment of Divine meeting (*liqaa'*) and getting proximity (*qurb*) to Allah. It is during *Salāt* that a pious and abstentious believer attains great heights of divine recognition. *Salāt* is attention towards Allah and His remembrance.

Wudhū in the Holy Qur'an

• يَا أَيُّهَا الَّذِينَ آمَنُوا إِذَا قُمْتُمْ إِلَى الصَّلَاةِ فَاغْسِلُوا
وُجُوهَكُمْ وَأَيْدِيَكُمْ إِلَى الْمَرَافِقِ وَامْسَحُوا بِرُءُوسِكُمْ
وَأَرْجُلَكُمْ إِلَى الْكَعْبَيْنِ

- Holy Qur'an 5:6 O you who have faith!
When you stand up for prayer, wash your
faces and your hands up to the elbows, and
wipe a part of your heads and your feet, up
to the ankles.

Perform your Wudhū well

From al-Hasan b. Abu al-Hasan al-Basri who said: When Amīrul Mu'minīn Ali b. Abi Tālib (a) entered Basra, he passed by me while I was doing wudhū.

And he said: يا غلام أحسن وضوءك يحسن الله إليك

O Young man, do your Wudhū well, so that Allah may reward you best. (Al-Mufīd, Al-Āmālī, p. 123)

‘Abdullah bin Sinān said I mentioned to Abu Abdillah (a) about a man who was troubled by *waswās* (devilish insinuations) in his wudhū and salāt, adding that he is man of intelligence. Thereupon Abu Abdillah (a) said, “what kind of intelligence has he when he obeys Satan?” I said, “How does he obey Satan?” The Imam replied, “Ask him regarding its cause and he will tell you that it is a work of Satan.” Khumayni, *Forty Hadīth*, p. 411)

Du'ās when doing Wudhū - 1

On seeing the water: بِسْمِ اللَّهِ وَالْحَمْدُ لِلَّهِ الَّذِي جَعَلَ الْمَاءَ طَهُورًا وَلَمْ يَجْعَلْهُ نَجَسًا

In the name of Allah and all Praise is for Allah who made water pure and did not make it unclean

Taking water into hand: بِسْمِ اللَّهِ وَبِاللَّهِ اَللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاَجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ

In the name of Allah, and by Allah: O Allah, make me amongst those who are repentant; and make me amongst those who purify themselves. (Cf. HQ 2:222)

When gargling: اَللَّهُمَّ لَقِّنِي حُجَّتِي يَوْمَ اَلْقَاكَ، وَاَطْلِقْ لِسَانِي بِذِكْرِكَ

O Allah, grant me the proof when I meet You, and loosen my tongue in Your remembrance

When rinsing nose: اَللَّهُمَّ لَا تُحَرِّمْ عَلَيَّ رِيحَ الْجَنَّةِ وَاَجْعَلْنِي مِمَّنْ يَشْمُ رِيحَهَا وَرَوْحَهَا وَطِيْبَهَا

O Allah, do not deprive me of the fragrance of Paradise, and make me from those who smell its scent, and its freshness, and its perfume

Du'ās when doing Wudhū -2

Washing the face: اللَّهُمَّ بَيِّضْ وَجْهِي يَوْمَ تَسْوَدُّ فِيهِ الْوُجُوهُ وَلَا تُسَوِّدْ وَجْهِي يَوْمَ تَبْيِضُ فِيهِ الْوُجُوهُ

O Allah, brighten my face on the Day when You will make [some] faces dark, and do not darken my face on the day when You will make [some] faces bright (Cf. HQ 3:106 & 107)

Washing Right hand: اللَّهُمَّ أَعْطِنِي كِتَابِي بِيَمِينِي وَالْخُلْدَ فِي الْجَنَانِ بِيَسَارِي وَحَاسِبِي حِسَابًا يَسِيرًا

O Allah, give me my Book in my right hand, and eternity in Paradise in my left hand, and make my accounting easy (Cf. HQ 17:71, 39:67, 69:19 & 84:7)

Washing the left hand: اللَّهُمَّ لَا تُعْطِنِي كِتَابِي بِشِمَالِي وَلَا تَجْعَلْهَا مَغْلُولَةً إِلَى عُنُقِي وَأَعُوذُ بِكَ مِنْ مُقَطَّعَاتِ النَّيِّرَانِ

O Allah, do not give me my Book in my left hand, nor chain it to my neck, and I seek refuge in You from the parts of Fire (Cf. HQ 69:25)

Du'ās when doing Wudhū -3

Doing masah of the head: اللَّهُمَّ غَشِّنِي بِرَحْمَتِكَ وَبَرَكَاتِكَ وَعَفْوِكَ

O Allah, cover me with Your mercy, Your blessings and Your pardon

Doing masah of the feet: اللَّهُمَّ ثَبِّتْنِي عَلَى الصِّرَاطِ يَوْمَ تَزُلُّ فِيهِ الْأَقْدَامُ وَاجْعَلْ سَعْيِي فِيْمَا يُرْضِيكَ عَنِّي يَا ذَا الْجَلَالِ وَالْإِكْرَامِ O Allah, keep me firm on the Bridge on the day when feet will slip, and make my efforts be in that which pleases You; O the owner of Majesty and Beneficence.

Upon completion of wudhū: اللَّهُمَّ إِنِّي أَسْأَلُكَ تَمَامَ الْوُضُوءِ وَتَمَامَ الصَّلَاةِ وَتَمَامَ رِضْوَانِكَ وَالْجَنَّةِ O Allah, I ask for perfection in wudhū, perfection in salāt and Your complete pleasure, and Paradise.

Then say: الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ followed by recitation of sūratul Qadr 3 times. Now comb your hair and apply perfume. It is *mustahab* to use perfume, it carries the reward of seventy salāt.

At the time of istinjaa Imam Ali (a) used to say: اللَّهُمَّ حَصِّنْ فَرْجِي وَأَعِفَّهُ وَاسْتُرْ عَوْرَتِي وَحَرِّمَهُ عَلَى النَّارِ O Allah, protect my private parts, [help me to] keep them chaste, conceal them and forbid them from the Fire (of Hell).

References

- *Adab as-salāt*, Ayatullah Ruhullah al-Musawi al-Khomeini www.al-islam.org/adab-as-salāt-disciplines-of-prayer-second-revised-edition-imam-khomeini
- *Forty Hadith: An Exposition*, al-Khomeini, Hadith No. 27 www.al-islam.org/forty-hadith-an-exposition-second-edition-imam-khomeini/twenty-seventh-hadith-prayer-and
- *Concentration in Prayer*, Jameel Kermalli www.al-islam.org/concentration-in-prayer-jameel-kermalli
- YouTube lectures by Syed Abid Hussain Zaidi titled ‘Behtareen Namaz Kayse Parhein.’ The 1st lecture is at <http://www.youtube.com/watch?v=iMXW0V4s9Bg>

Thank you for attending

Please encourage your family and friends to participate in this course.

