



Motherhood in Islam

Session Two

Ponder and answer:

- How can children be more excited about Salaat and enjoy saying it?

Agenda

- Introduction
- Hadith on Salaat
- Responsibility of Parents
- Stages of teaching Salaat
- Children and the Mosque
- Ways to encourage children to pray
- Concepts of Salaat for children
- Activity Ideas

Hadith on Salaat

Let your biggest worry be your Salaat because it is the peak of religion, after the acceptance of faith.

Holy Prophet (s)

The prayer is the pillar of religion and its example is like that of the prop of a tent – when the prop remains upright, the pegs and ropes remain straight and upright, but when the prop bends or breaks, neither the pegs nor the ropes remain straight.

Imam al-Baqir (a)

Responsibility of Parents

وَأْمُرْ أَهْلَكَ بِالصَّلَاةِ وَاصْطَبِرْ عَلَيْهَا

Enjoin prayer on your people, and be constant on it.
(Sura Taha, verse 132)

رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ ذُرِّيَّتِي ۖ رَبَّنَا
وَتَقَبَّلْ دُعَاءِ

My Lord! make me from those who keep up prayer
and from my offspring (too), O Our Lord, and
accept my prayer. (Sura Ibrahim, verse 40)

Stages of Teaching Salaat according to Hadith

At the age of 3 – teach the child *La ilaha Illallah*

At the age of 3 years and 7 months – teach the child *Muhammadun Rasululluah*

At the age of 4 years teach the child *Salawat*

At the age of 5 teach the child the Qibla

At the age of 6 teach the child the Ruku, Sajdah, and Salaat (positions)

At the age of 7 teach the child the washing of face and hands (wudhu)

Children and the Mosque

Whoever goes to the Mosque, gets one of eight benefits:

- 1) A brother/ sister in faith
- 2) Useful knowledge
- 3) A verse of Quran
- 4) A word that guides
- 5) An anticipated mercy
- 6) A word that will deliver him from destruction
- 7) Abandoning sin due to fear
- 8) Abandoning sin due to shyness

Imam Ali (a)

Ways to encourage children to pray

- 1) Be a good example – give importance to Salaat.
- 2) Make your home spiritual – have adhan recited at home, dhikr of Allah, Quran recitation . .
- 3) Recite Salaat with your child
- 4) Let your child participate in gatherings where Salaat is recited in congregation.
- 5) Make Salaat and all that is used for it, beautiful.
- 6) Expose them to stories about Salaat

Concepts of Salaat for children

- 1) Salaat as a conversation with Allah. A one-to-one talk with the Creator
- 2) Salaat as a gift you send Allah. Beautify and decorate the gift you send.
- 3) Salaat as a companion in the grave and on the Day of Judgment.
- 4) Salaat as the dividing line between Faith (Eeman) and Disbelief (Kufr).
- 5) Salaat as a peaceful, calming, stress relieving activity that brings tranquility to the heart.

Activity Ideas

- 1) Salaat Bulletin Board -
<http://ummabdulbasir.wordpress.com/tag/salaat-bulletin-board/>
- 2) Salaat Lapbook
- 3) Prayer cubes, Prayer flags, Prayer chains, Framed prayer, Prayer book, Prayer rug, Prayer puzzle, Prayer box. Check
<http://ummabdulbasir.wordpress.com/category/salaatwudhu/>