

Du'a for Tuesday (Supplication No. 64, *Psalms of Islam*)

Aadaab of Du'aa: (2) it is an etiquette of Du'a to have a good opinion of the Almighty (*husnu l-zann billaah*) that He is as eager to help a believer in having his/her needs fulfilled and/or remove his difficulties. In Hadith Qudsi Allah (swt) says, "I'm in line with the opinion of My servant. So he should not have any opinion about Me other than good (opinion)." The Holy Prophet (s) said, "Supplicate to Allah (in a way) that you have a certainty of being answered."

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ * اللَّهُمَّ صَلِّ عَلَيَّ مُحَمَّدٍ وَآلِ مُحَمَّدٍ

True praise belongs to Allah alone

الْحَمْدُ لِلَّهِ وَالْحَمْدُ حَقُّهُ كَمَا يَسْتَحِقُّهُ حَمْدًا كَثِيرًا،

Praise belongs to Allah, and praise is His right, the way He deserves, abundant praise

- There is no way any human can praise Allah enough
- It is advisable to praise him by saying: *الْحَمْدُ لِلَّهِ كَمَا هُوَ حَقُّهُ*, i.e. 'Praise belongs to Allah, the way He deserves to be praised'
- Truly, only Allah deserves praise – not His creatures

Seeking refuge and protection in Allah

وَأَعُوذُ بِهِ مِنْ شَرِّ نَفْسِي، إِنَّ النَّفْسَ لَأَمَّارَةٌ بِالسُّوءِ إِلَّا مَرَحِمَ رَبِّي، وَأَعُوذُ بِهِ مِنْ شَرِّ الشَّيْطَانِ
الَّذِي يَزِيدُنِي ذَنْبًا إِلَى ذَنْبِي، وَاحْتَرِزُ بِهِ مِنْ كُلِّ: جَبَّارٍ فَاجِرٍ، وَسُلْطَانٍ جَائِرٍ، وَعَدُوِّ قَاهِرٍ

I seek refuge in Him from the evil & mischief of my soul, *for surely the soul commands to evil, except as my Lord shows mercy* (12:53). And, I seek refuge in Him from the mischief of Satan, who adds for me sins over my sins. And I seek protection in Him from every: wicked tyrant, unjust ruler and conquering (i.e. powerful) enemy

- Seek refuge and protection in Allah, for He is the best protector & a great refuge
- Our soul can be so evil & mischievous, that we need to be on guard from it
- Look at the Qur'anic context to understand better the verse contained in the passage
- Three states of *nafs*: *Nafsul Ammarah*, *Nafsul Lawwamah* & *Nafsul Mutma'inna*
- Satan is inherently mischievous and evil, and a enemy of a human, more so of a believer
- Satan's main function is to increase our sins, i.e. disobedience to Allah
- Satan's threatens us with poverty but Allah promises forgiveness & grace, see 2:268
- As for the evil of soul & satan, Imam Ali (a) says in Du'a al-Sabah: [O Allah] if Your help should forsake me in the battle with the soul and Satan, then Your forsaking will have entrusted me to where there is hardship and deprivation. (وإن خذَلني نصرُك عند محاربة)
(النفس والشيطان، فقد وكلني خذلانك إلى حيث أنصب والحرمات)
- As for the audacity of one's soul, Imam Ali says in the same Du'a: So what an evil mount upon which my soul has mounted - its caprice/whims! Woe upon it for being seduced by its own opinions and wishes! And destruction be upon it for its audacity toward its

Master and Protector! (فبِسِ الْمَطِيئَةِ الَّتِي أَمْتَطَتْنَا نَفْسِي مِنْ هَوَاهَا، فَوَاهَا لَهَا لَمَّا سَوَّلَتْ لَهَا ظَنُونَهَا وَمُنَاهَا، وَتَبَّأَ لَهَا)
(لجراتها على سيدها ومولاها)

- Be on guard against all sources of evil, e.g. wicked tyrant, unjust ruler & powerful enemy
- Let us not forget the oppressed believers in Bahrain, Iraq, Pakistan & Saudi Arabia
- It may be that the Imam (a) is referring to the massacre of Imam al-Husayn, his family & companions in Karbala, and the atrocities committed by Yazid army in Makkah and Madina after the tragedy of Karbala. In 63 AH Madinah people broke their allegiance to Yazid. He sent army there to commit worst kind of atrocities, many were killed, looted and women raped. Makkah was also invaded by his army. This is known as incident of Hirra.

Being connected to Allah in various ways

اللَّهُمَّ اجْعَلْنِي مِنْ جُنْدِكَ فَإِنَّ جُنْدَكَ هُمُ الْعَالِيُونَ، وَاجْعَلْنِي مِنْ حِزْبِكَ فَإِنَّ حِزْبَكَ هُمُ الْمُفْلِحُونَ، وَاجْعَلْنِي مِنْ أَوْلِيَائِكَ فَإِنَّ أَوْلِيَاءَكَ لَا خَوْفَ عَلَيْهِمْ وَلَا هُمْ يَحْزَنُونَ.

O Allah, include me among Your troops, for *Your troops will be the victors* (37:173), subscribe me in Your party, for *Your party (members) are prosperous* (58:22), and take me among Your friends, for *Your friends have no fear nor will they grieve* (10:62)

- Notice how the Qur'anic verses have been intermingled within the Du'a passage
- A true believer always remain focused and attached to Allah
- Having prayed to be protected from evils of soul, Satan & rulers, Imam now turns his attention to be placed in Allah's army, party and friendship.
- Borrowing from the Holy Qur'an, the Imam also gives reasons on why he would like to be included amongst Allah's troops, take membership of Allah's party and befriend Allah
- Real happiness, success and victory are only possible by being with Allah.

Clinging to religion and Hereafter for the good of life & ease of death

اللَّهُمَّ اصْلِحْ لِي دِينِي فَإِنَّهُ عِصْمَةٌ أَمْرِي، وَاصْلِحْ لِي آخِرَتِي فَإِنَّهَا دَارُ مَقَرِّي وَإِلَيْهَا مِنْ مُجَاوَرَةِ النَّوَامِ مَقَرِّي، وَاجْعَلْ لِي الْحَيَاةَ زِيَادَةً لِي فِي كُلِّ خَيْرٍ وَالْوَفَاةَ رَاحَةً لِي مِنْ كُلِّ شَرٍّ.

O' Allah: Reform my religion/faith for me, for it is the safeguard of my affair; and set right my hereafter, for certainly it will be my everlasting abode of rest, and to it I'll flee from the company of the vile. [O Allah!] Make my life a source of increase in what is good, and make my death a comfort from every evil.

- One's religion and Hereafter are always in need of reform and betterment
- All our affairs should be guided by religious verdicts
- Our objective in life should be to improve and build our Hereafter, for it is the final abode
- Abu Dharr was asked, 'why do we abhor death'? He said, "Because you have built your world and destroyed the Hereafter. And no one likes to be moved to go to ruined place from prosperity."
- Every day the good deeds should continue to increase in our life
- Death is so tormenting that we need to pray for its comfort and ease.

Praying for the Prophet, his family and companions

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ خَاتَمِ النَّبِيِّينَ وَتَمَامِ عِدَّةِ الْمُرْسَلِينَ، وَعَلَى آلِهِ الطَّيِّبِينَ الطَّاهِرِينَ وَأَصْحَابِهِ الْمُتَتَجِبِينَ

O Allah, bless: Muhammad, *the Seal of the Prophets* (33:40) and final amongst the Messengers; his family, the good and the pure; and his distinguished companions

- Within the Du‘a, the Imam sends blessings on the Holy Prophet, his family & companions. Thus reciting salawat in our assemblies is a good practice
- Attesting to the creed that Prophet Muhammad is the final Messenger and Prophet
- Prophet’s family follows the Prophet in prayers of benediction
- Who says that the Shi‘ah do not respect the companions? We send Allah’s blessings on them every Tuesday! However, we are selective about companions who were with the Prophet and those who were against him or who hurt his feelings.
- In ayat 33:56, Allah instructs the believers to send blessings on the Prophet, for He and His angles also do so. In the next verse (i.e. 33:57), Allah curses those who torment Allah and His Messenger and promises humiliating punishment for them. History records that some of Prophet’s own companions tormented him & plotted against him.

Special Du‘a for Tuesday

وَهَبْ لِي فِي الثَّلَاثَاءِ ثَلَاثًا: لَا تَدْعُ لِي ذَنْبًا إِلَّا غَفَرْتَهُ، وَلَا غَمًّا إِلَّا أَذْهَبْتَهُ، وَلَا عَدُوًّا إِلَّا دَفَعْتَهُ.

[O Allah] grant me on every Tuesday three things: (1) leave no sin for me which You have not forgiven, (2) nor (leave) any grief that You have not removed/taken away, and (3) (spare) no enemy except that You have repelled him.

- Sins, grief and enemy are the biggest concern of a believer
- Imam prays for the removal of spiritual, psychological and physical deficiencies

Basmalah is a great liturgical formula

بِسْمِ اللَّهِ خَيْرِ الْأَسْمَاءِ، بِسْمِ اللَّهِ رَبِّ الْأَرْضِ وَالسَّمَاءِ اسْتَدْفِعْ كُلَّ مَكْرُوهِ أَوَّلُهُ سَخَطُهُ، وَأَسْتَجْلِبْ كُلَّ مَحْبُوبٍ أَوَّلُهُ رِضَاهُ، فَاخْتِمْ لِي مِنْكَ بِالْغُفْرَانِ يَاوَلِيَّ الْإِحْسَانِ

For the sake of, “In the Name of Allah,” the best of names; in the Name of Allah, Lord of the earth and the heavens: I seek to repel every evil, the foremost of which is His displeasure, and I seek to attract every lovable thing, the foremost of which is His pleasure. So, end my (day or life) with forgiveness from You, O’ Guardian of beneficence.

- *Basmalah* is the best of the names and effective means of prayers
- We should be ever eager to avoid Allah’s displeasure & wrath
- All our thoughts, speech & deeds should such as to attract Allah’s pleasure
- Let us always end our affairs in seeking Allah’s forgiveness.