

*Du'aa for Sunday

ALI 206: *Sahifa Sajjadiyyah* Part 2

February & March 2012

*Introduction

- *We begin with Sunday, because that its the first of the day supplications in the *Sahifa*
- *Sunday is known as *yawmul 'ahad* in Arabic
- *Significance of *Sahifa Sajjadiyyah*
- *Why did the Imam compose the supplications?
- *Themes contained in the supplication:
 - Why begin in the name of Allah
 - Seeking sanctuary in Allah
 - Seeking guidance, help, wish & refuge in Allah
 - The next day should be better than today
 - Disassociating from *shirk*

* In the name of Allah

* بِسْمِ اللَّهِ الَّذِي لَا أَرْجُو إِلَّا فَضْلَهُ، وَلَا
أَخْشَى إِلَّا عَذْلَهُ، وَلَا أَعْتَمِدُ إِلَّا قَوْلَهُ، وَلَا
أُمْسِكُ إِلَّا بِحَبْلِهِ

* I begin in the Name of Allah, from Whom: (1) I hope nothing but His Bounty; (2) I fear nothing but His Justice; (3) I rely upon nothing except His word, and (4) I cling to nothing except His rope

* Use of *la* & *illa* in all 4 sentences; sounds devoted & powerful in recitation

* Benefits of beginning in His name

*Questions for pondering

- *Why mention of 'hope' right at the beginning of the supplication?
- *Why hope only in Allah's *fadh*l? What about hoping to be saved due to our good deeds?
- *Why should we fear justice of Allah?
- *We only rely on God's words! What about the words of the Prophets, Imams, close servants of Allah, great scholars, parents, teachers, etc?
- *What do you understand by "clinging to His rope"? How can one cling to this rope?

* Seeking sanctuary & refuge

* I seek sanctuary in You - O' possessor of pardon and good pleasure – from: (a) injustice and enmity, (b) changes of time, (c) recurrent of sorrows, (d) being stricken with mishaps, (e) and from ending away of life without preparation and readiness.

* And I seek refuge with You, my Lord, from the promptings of Satan,

* And I seek protection in Your authority from the tyranny of rulers

* Guidance, help & wish from Allah

* وَإِيَّاكَ أَسْتَرْشِدُ لِمَا فِيهِ الصَّلَاحُ
وَالْإِصْلَاحُ، وَبِكَ أَسْتَعِينُ فِيمَا يَقْتَرِنُ بِهِ
النَّجَاحُ وَالْإِنْجَاحُ، وَإِيَّاكَ أَرْغَبُ فِي لِبَاسِ
الْعَافِيَةِ وَتَمَامِهَا وَشُمُولِ السَّلَامَةِ وَدَوَامِهَا

* From You alone I seek guidance towards
righteousness and reformation (of my life)

* And from You I seek help in granting me
success and satisfaction,

* And from You alone I wish complete
garment of safety, and everlasting peace.

* Simple but universal du'a

* قَتَقَبَّلْ مَا كَانَ مِنْ صَلَاتِي وَصَوْمِي، وَاجْعَلْ غَدِي وَمَا
بَعْدَهُ أَفْضَلَ مِنْ سَاعَتِي وَيَوْمِي، وَأَعِزَّنِي فِي عَشِيرَتِي
وَقَوْمِي، وَاحْفَظْنِي فِي يَقَظَّتِي وَنَوْمِي، فَأَنْتَ اللَّهُ خَيْرُ
حَافِظٍ وَأَنْتَ أَرْحَمُ الرَّاحِمِينَ

- * So, accept my past prayers and fasts, and make my morrow and that which follows, better than my present hour and day.
- * Make me respected among my family and my community, and guard me in my waking and in my sleep;
- * For You are Allah - the Best Protector
- * And You are the most Merciful of those who are merciful.

* Special prayer for Sunday

* اللَّهُمَّ إِنِّي أَبْرَأُ إِلَيْكَ فِي يَوْمِي هَذَا وَمَا بَعْدَهُ مِنَ
الْأَحَادِ مِنَ الشِّرْكِ وَالْإِلْحَادِ، وَأَخْلِصُ لَكَ دُعَائِي
تَعَرُّضًا لِلْإِجَابَةِ

* O Allah, on this (Sun)day, and all Sundays
to follow, I clear myself from associating
partners with You, and of infidelity,

* And I devote my supplications sincerely to
You, seeking Your acceptance

* Function of words *aahaad* and *ilhaad*

* *Ikhlaas* comes after cleansing from *shirk*

* Divine honor, focus & forgiveness

* فَصَلِّ عَلَى مُحَمَّدٍ خَيْرِ خَلْقِكَ الدَّاعِي إِلَى حَقِّكَ،
وَأَعِزَّنِي بِعِزِّكَ الَّذِي لَا يُضَامُ، وَاحْفَظْنِي بِعَيْنِكَ الَّتِي
لَا تَنَامُ، وَاخْتِمِ بِالْإِنْقِطَاعِ إِلَيْكَ أَمْرِي وَبِالْمَغْفِرَةِ
عُمْرِي، إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ

So, bless Muhammad and his progeny, the best of
Your creation, the preacher of the Truth,

* Honor me with Your Honor which does not
diminish; and, protect me with Your Eye that
never sleeps;

* And end my affair by cutting me off from
everything except my reliance on You alone, and
(terminate) my life in forgiveness.

* Surely, You are the Forgiving, the Merciful.

* References & further reading

- * Interesting Introduction to the *Sahifa* by the translator, preface on chain of narrators, recitation of the text and English translation go to www.al-islam.org/sahifa
- * Arabic text & audio recitation from:
 - * www.alhikmeh.com/arabic/doa/day/index.htm
- * Introduction to Sahifa articles from:
 - * <http://www.academyofislam.com/courses/on-site-courses/ali201.html>
- * Arabic & English translation slides for Sunday
<http://www.youtube.com/watch?v=lsvMknnOT90>
- * Du'as for other days can be found on youtube