



سَمَاءُ الْحَمْدِ الْحَمِيدِ

## Introduction to *Sahifa Sajjadiyya*

AL1 201, 2/6: Shawwal 1432/ September 2011

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**Objective:** The course will cover a comprehensive discussion on the significance, role and authenticity of *Sahifa Sajjadiyya*. The contents of the Sahifa will be studied using two approaches: a detailed discussion on a number of supplications individually, and a topical discussion on a few subjects covered in the book.

## Supplication (Du'aa) in the Qur'an

○ 40:60 وَقَالَ رَبُّكُمْ ادْعُونِي أَسْتَجِبْ لَكُمْ

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○ And your Lord said: supplicate to me, I'll respond to you

○ 40:41 فَادْعُوا اللَّهَ مُخْلِصِينَ لَهُ الدِّينَ وَلَوْ كَرِهَ الْكَافِرُونَ

○ 40:41 Supplicate to Allah, making (your) religion sincerely for Him, though the disbelievers may dislike it

○ 25:77 قُلْ مَا يَعْْبَأُ بِكُمْ رَبِّي لَوْلَا دُعَاؤُكُمْ

○ Say: My Lord pays attention to you only because of your supplication to Him



## Supplication in Hadith

- Holy Prophet (s): Supplication is the weapon of the man of faith, the center-pole of religion, and the light of the heavens and the earth (*Psalms of I*)
- Imam Husayn (a): The Prophet used to raise his hands when he implored and supplicated, like a man in misery begging for food. (*Psalms of Islam*)
- Imam Sadiq (a): Be supplicating constantly, for there is nothing like it to take you nearer (to Allah). And do not avoid overlooking/asking for small matters because of its smallness, for the provider of the small is also the provider of the big (*Amaali of Mufid, A.2, H.9*)



## *Sahifa Kamila: the perfect epistle*

- 1 A gift from the 12<sup>th</sup> Imam (a)

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- 2 it has the ability to convert devout worshipper
- 3 has “supreme possible approach” to creator
- 4 Tantawi’s great praise for the book
- 5. importance of gifting the book to others
- 6 what can be done to educate Muslims on it?
- 7 Speech of Imam: *fawqal makhlūq dunal Khaliq*
- 8 Imam carries out his duty thru supplications
- 9 possible meanings of the word “kamila.”
- 10 benefits of reciting the invocations in it



## Worry, anxiety & grief in the Hadith

- Holy Prophet (s): Truly Allah has placed worry & sorrow in doubt & discontentment.
- Holy Prophet (s): there is a remedy in the statement: *لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ* i.e. *there is no might or power save in Allah*, for ninety nine ailments, the least of them is worry/anxiety.
- Imam Ali (a): worry is half of old age
- Imam Ali (a): worry wastes away the body
- Imam Ali (a): He who is negligent in his work is afflicted with a worries & anxiety
- Ali (a): certitude is best in repelling worries
- Ali: washing clothes takes away worry & sorrow

## Du‘aa for Removal of Worries - 1

○ يَا فَارِجَ الْهَمِّ، وَكَاشِفَ الْغَمِّ، يَا رَحْمَانَ الدُّنْيَا وَالْآخِرَةِ وَرَحِيمَهُمَا،  
صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ، وَأَفْرِجْ هَمِّي، وَاكْشِفْ غَمِّي

- *O Reliever of worry! and Remover of grief! O Merciful in this world and the next and Compassionate in both! Bless Muhammad and his Household, relieve my worry, and remove my grief!*
- Use of the word “*yaa*” twice & its function
- Invoking the mercy of Allah
- Why remember mercy in both the words?
- Use of salawat within the du‘aa (3x here)
- Immediately asking for what is needed; why?

## Du‘aa for Removal of Worries - 2

- Text: يَا وَاحِدُ يَا أَحَدُ يَا صَمَدُ يَا مَنْ لَمْ يَلِدْ وَلَمْ يُولَدْ وَلَمْ يَكُنْ لَهُ  
كُفُوًا أَحَدٌ، اعْصِمْنِي وَطَهِّرْنِي، وَاذْهَبْ بِبِلِيَّتِي
- O One, O Unique, O Eternal Refuge! O He Who has not begotten, nor has been begotten, and equal to Him is not any one! (sura 112) Preserve me, purify me, and take away my affliction!
- Use of Qur’anic passage within the Du‘aa
- What is the relation of preservation & purification to removal of worries & affliction?
- Holy Prophet (s): reciting sura Ikhlas upon reaching (your) home, it increases sustenance & removes poverty.



## Significance of Ayatul Kursi (2:255)

- Imam Ali (a): I heard the Prophet say  

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on the pulpit, ‘Whoever recites the throne Verse after every prescribed prayer, nothing will stand between him and Paradise except death. No one observes its recitation but a righteous or worshipful person. Whoever recites it when retiring to sleep, God would grant him safety; He would also grant it to his neighbor, and his neighbor’s neighbor.’”





# Another Hadith on Ayatul Kursi

- The Prophet (s): ‘O Ali! The master of humankind is Adam, the master of the Arabs is Muhammad, nor is there pride in this. The master of the Persians is Salman, the master of Rum [Byzantines] is Suhayb [a Christian convert], and the master of Abyssinia is Bilal. The master of the mountains is al-Tur [Mt. Sinai] and the master of trees is al-Sidr [Lote tree]. The master[s] of the months are the sacred months and the master of the days is Friday. The master of all speech is the Qur’an, the master of the Qur’an is *Surat al-Baqarah*, and the master of *al-Baqarah* is the Throne Verse. O Ali, it consists of fifty words, every word containing fifty blessings.’



## Significance of Suras *Mu‘awwidhatayn*

- Imam al-Baqir (a): “He who recites in Witr salat, Suras Falaq, Nas and *Qulhuwa Allahu abad*, will be told: O servant of Allah, have good news that Allah has accepted your prayer of Witr.”
- Holy Prophet (s): Your best companion whilst travelling are the recitations of Suras Ikhlas, Nas, Falaq, Kafirun and Nasr
- Holy Prophet (s): Some verses have been revealed to me, the likes of which have not been revealed before – Sura Falaq and Sura Nas
- Holy Prophet (s) advised Muslims to read the two suras when getting up & going to bed.

## Du‘aa for Removal of worries - 3

- Text: اللَّهُمَّ إِنِّي أَسْأَلُكَ سُؤَالَ مَنْ اشْتَدَّتْ فَاقَتُهُ، وَضَعُفَتْ قُوَّتُهُ، وَكَثُرَتْ ذُنُوبُهُ، سُؤَالَ مَنْ لَا يَجِدُ لِفَاقَتِهِ مُعِيثًا، وَلَا لِضَعْفِهِ مُقَوِّيًا، وَلَا لِذَنْبِهِ غَافِرًا غَيْرَكَ
- O God, I ask You with the asking of him whose neediness is intense, whose strength is frail, whose sins are many, the asking of one who finds no helper in his neediness, no strengthener in his frailty, no forgiver of his sin other than You.
- confessing one's helplessness & weakness
- Acknowledging that solution lies w/ Allah alone
- Why would Imam include sinning & forgiveness?



## Du‘aa for Removal of Worries - quotes

- I ask You of a work that is loved by You, a certitude that is beneficial in fulfilling Your command (3). Take my soul whilst its sincere, cut off my need for the world, yearning to meet Allah by desiring what is with Him (4). I ask the fear of the worshippers, the worship of the humble, the certainty of those who rely on You & the confidence of the reliers upon You (5). My asking & fear be like Your friends; use me in Your pleasure thru deeds not left out fearing others (6).

## Focus on your needs & make Allah your trust and hope in all affairs

○ Text: اللَّهُمَّ هَذِهِ حَاجَتِي فَأَعْظِمْ فِيهَا رَغْبَتِي، وَأُظْهِرْ فِيهَا عُذْرِي،  
وَلَقِّنِي فِيهَا حُجَّتِي، وَعَافِ فِيهَا جَسَدِي

○ O Allah, this is my need, so magnify my desire for it; manifest my excuse within it; show me within it my argument, and thru it provide well being in my body (7)

○ Text: فَقَدْ أَصْبَحْتُ وَأَنْتَ ثِقَّتِي وَرَجَائِي فِي الْأُمُورِ كُلِّهَا، فَاقْضِ لِي بِخَيْرِهَا عَاقِبَةً، وَبِحَسْبِي مِنْ مَضَلَّاتِ الْفِتَنِ بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ

○ I wake up having my trust and hope in You alone, so grant the best outcome & relieve me from misguiding trials; O the Most merciful (8)



## Prep for the next class

- Study Qur'anic verses on sickness (*marad*)
- What is the difference between spiritual and physical (bodily) sickness
- Study Du'aa No. 15 & reflect on it
- Talk to friends or relatives who have suffered from long sickness. What helped them most during this difficult moment
- If possible search on how do other religions seek cure through prayers during sickness.