

# Academy For Learning Islam (ALI)

## Motherhood in Islam

Instructor: Tahera Kassamali

Dates: Sunday, April 07, 2002<sup>th</sup> to Sunday May 26, 2002

Timings: 10.00 a.m. to 12.00 noon.

Telephone: For administrative matters call the office at (604) 214-0786 .

For course related matters call (604)273-4786 on Wednesday evenings between 8.00 to 10.00 pm.

### **The Course**

The course will focus on the importance of the role of a mother in Islam. Lessons will be derived from religious and secular books on raising children. Classes will include group discussions.

### **Requirements**

Regular attendance, active participation in the discussion groups, reading assigned sections from notes and suggested articles.

### **Course Outline**

**Session one:** Holy Qur'an and Ahadith on Motherhood. Imam Khomeini's advice to mothers. Motherhood and Fitrat. Responsibilities of Motherhood. Rewards of fulfilling motherly duties.

**Session Two:** Story of the birth of Nabi Isa (a) from the Holy Qur'an. Genetics in Islam. Fortune and misfortune in the womb of the mother. Care during Pregnancy.

**Session Three:** Nabi Ibrahim (a) receives the glad tidings of a son. Islamic Rituals at the time of birth. Breastfeeding the child. Feeding the body and soul.

**Session Four.** Nabi Zakaria (a) receives the glad tidings of a son. Influence of a good mother. Qualities of a good mother.

**Session Five:** Story of the mother of Nabi Musa (a). The effects of love. Love of a mother. Expressing love for children. Mistakes parents make.

**Session Six:** Du'as for virtuous children from the Holy Qur'an. Anger in Islam. Anger and the family. Anger because of unreasonable expectations. Controlling anger. Ways of decreasing anger and conflict with children.

**Session Seven:** The son of Nabi Nuh (a). Anger in children. Expression of anger in children. Disciplining children.

**Session Eight:** Prayers of Nabi Ibrahim (a). Teaching children about Beliefs, Rituals and Akhlaq. Methods of religious training.